

From: [Jamie Hanson](#)
To: [Janine Daradich](#)
Subject: Fwd: ELT Report - 2022 IAF May-12-2022
Date: Thursday, May 12, 2022 7:47:45 AM
Attachments: [ELT - IAF Feasibility Report May 9.pdf](#)
[ELT Report - New Indoor Aquatics Facility May-12-2022 Final Draft.docx](#)

Good morning Janine,

Would you be able to print these for me for the ELT meeting. I can meet you on 6 to pick them up.

Thanks,
Jamie

From: Sherry Marchiori <SMARCHIO@regina.ca>
Sent: Monday, May 9, 2022 2:06:35 PM
To: Wendy Lutz <WLUTZ@regina.ca>
Cc: Neil Struthers <NSTRUTHE@regina.ca>; Jamie Hanson <JHANSON@regina.ca>
Subject: FW: ELT Report - 2022 IAF May-12-2022

Hi Wendy,

Here is the attachment that goes along with the ELT report.

Thank you,
Sherry

From: Sherry Marchiori
Sent: Friday, May 6, 2022 8:30 AM
To: Wendy Lutz <WLUTZ@regina.ca>
Subject: ELT Report - 2022 IAF May-12-2022

Hi Wendy,

16(1)(b)



Thank you,

Sherry Marchiori
Administrative Associate
Land, Real Estate & Facilities
P: 306.526.8856

Report to Executive Leadership Team (ELT)

- For Decision “D” and Advice “A” items, complete the entire report.
- For Information “I” items, a full report is not required. A paragraph describing the purpose of the report (# 11 below) and a copy of the PowerPoint (#9) will be sufficient. Complete section 1 through 11 and remove sections 12 to 18.

1. ELT sponsor:

Barry Lacey, Executive Director, Financial Strategy & Sustainability

2. Type of agenda item:

Advice "A"

3. ELT meeting date:

May 12, 2022

4. Has this item been on a previous ELT Agenda?

No

If yes, insert the text below.

5. Report title:

New Indoor Aquatics Facility Feasibility Study

6. Report prepared by:

Jamie Hanson, Manager, Facilities Engineering, Land, Real Estate and Facilities

7. Who will attend ELT?

Shauna Bzdel, Director, Land, Real Estate and Facilities
 Laurie Shalley, Director, Parks, Recreation and Cultural Services
 Jamie Hanson, Manager, Facilities Engineering
 Janine Daradich, Manager, Planning and Partnerships
 Consultant Representatives from HCMA and RC Strategies
 Jonathon Barks, Financial Analysis & Support

8. Is your item in-camera?

Not In Camera

9. Do you have a PowerPoint presentation?

Yes

10. ADVISORS TO ELT

Indicate by which departments are impacted and ensure they are represented at the ELT meeting.

- City Clerk
 City Solicitor
 Director of Communications & Engagement

 Director of Financial Services

11. PURPOSE OF REPORT

The purpose of this report is to provide ELT with an overview and seek feedback on the feasibility study outcomes for the new indoor aquatics facility (IAF). With the feasibility study nearing completion and being presented to Executive Committee on June 22, ELT perspective would be appreciated on the following:

- The proposed recommendations for the IAF and related financial considerations

16(1)(a)(b)

12. RECOMMENDATIONS

16(1)(a)(b)

13. CONCLUSION

The IAF feasibility study has resulted in a recommendation for the project and ultimately the facility that is based on:

- aquatics, accessibility and inclusion best practices and industry trends
- energy, environmental and sustainability aligned with the Energy and Sustainability Framework
- an optimized space program meeting the long-term aquatic needs of the community rooted in stakeholder engagement, broader community engagement and endorsement by the Community Advisory Committee
- creating a destination facility that will attract inter-provincial visitors and national events
- potential partnerships and future expandability
- financial analysis of the life cycle costs for the facility
- concept design development that tests how the facility could be integrate on the existing Sportplex site, reinforcing the Sport Corridor, linking pedestrian and vehicular traffic to the REAL campus to the west, the North Central Neighbourhood to the north, the future Taylor Field Neighbourhood to the west and re-connection of 10th Avenue to Albert Street and the connection to downtown

The feasibility study builds upon the engagement outcomes and highest priority of the 2019 Recreation Master Plan.

16(1)(b)

14. BACKGROUND


In 2019, City Council endorsed the Recreation Master Plan (RMP), which provides a long-term framework to inform recreation facility planning considering continued growth, facility renewal needs and program requirements. The RMP is also one of the key inputs to the Corporate Facilities Master Plan. The top-ranked priority in the RMP is to enhance the quantity and quality of competitive and leisure indoor aquatics. Capital funding was secured in the 2021 and 2022 capital budgets to initiate a feasibility study for the IAF, and work began in mid-2021 to engage an external consulting team and begin work on the IAF feasibility study.

15. DISCUSSION

The purpose of the IAF feasibility study is to analyze several project factors to determine the major impacts and considerations of a new indoor aquatics facility to help determine whether a project of this scale is achievable to move forward. The key objectives of the feasibility study are to:

- Engage the community and key stakeholders on the long-term needs for the facility.
- Develop a space program that achieves a balance between supply and demand and to identify what spaces are needed to meet the immediate and long-term needs of the public and client programs.
- Enable LRE&F to fulfill its mandate and understand the long-term use of the aging Lawson Aquatic Centre (LAC), in order to comply with principles of sound stewardship and value for money.
- Understand the overall financial impacts of the project, including capital, operating and lifecycle costing and identify feasible sources of funding for the project, as well as consider the economic impact a facility of this type would bring to the community.
- Understand several other project elements such as project schedule, project phasing, project delivery methods, project risks as well as aquatics, accessibility and inclusion and sustainability best practices.
- Deliver a realistic recommendation to City Council to move the project forward.

16(1)(a)(b)



The IAF project team established a Community Advisory Committee (CAC), a large group representing various community and aquatic user-group interests and held monthly meetings with them to provide input to the feasibility study material and endorse the information from a community perspective. Several other engagement tactics were used, including public surveys, focused discussions with social groups and user groups that all led to the development of the recommended space program. The CAC has supported key project elements and fully endorses the recommended solution.

The attached feasibility study report summarizes the work undertaken to understand the current and future needs, the range of options and implications, and the capital and operations costs, related to renewing or rebuilding aquatic services at the Sportplex site. The LAC is the City's only competition aquatic facility and is located at the Sportplex. The LAC is aging and in need of investment with significant associated costs for maintenance and lifecycle renewal. The LAC does not meet the current demand and does not provide the broad range of programs required and expected by the community.

The report outlines space program options for a new indoor aquatics facility and includes preliminary test-fit concept proposals for spatial and functional programming as well as exploring the optimal building location on the existing site.

Public and stakeholder engagement has identified a number of different aquatic, fitness and community priorities. This input was used to guide the creation of a building program that meets the varying needs and priorities, to identify construction costs, and to understand operating and lifecycle costs into the future. The program and cost analysis has been used to develop an options matrix that presents a range of options on levels of service including facility spaces, amenities and scale:

- Functional – minimal growth
- Optimized New Build – long-term growth (recommended)
- Optimized Renovation and Addition – long-term growth
- Enhanced – long-term growth plus larger scale with enhanced program delivery

The options matrix is further supported by two concept designs that were developed to test fit both a renovation of the LAC and expansion, and a new build community aquatic facility. Each option was required to ensure no interruption of aquatic delivery, and to ensure that the Fieldhouse and LAC remained operational throughout the duration of the project. Both of these Optimized options are similar in cost, resulting in the recommendation to proceed with the Optimized New Build option as it also provides a number of other benefits.

The project costs are estimated at \$173M based on a Preliminary Class D Estimate conducted in April 2022. This estimate is based on an escalated value for a 2024 construction start, a design that aligns the facility to the Energy and Sustainability framework as well as other contingencies and allowances based on unknowns at this stage of the project. The financial impacts of the recommendation were thoroughly reviewed and modelled while considering the potential budget and taxpayer impacts. The availability of multiple levels of government grants is being continuously monitored, although at this time there is no direct path to securing a grant.

As the feasibility study reaches completion and is anticipated to move forward in some fashion, it is recommended that the previously successful public engagement process and CAC are harnessed through the community's continued involvement. Further public and stakeholder sessions should be used to communicate the findings of this report and verify that they are still aligned with the community's needs and desires.

The feasibility study has factored in the direction and information in other master plans and City projects that are relevant to the IAF. For example, the outcomes of the Energy and Sustainability Framework, the future development of the Taylor Field neighbourhood, the Saskatchewan Drive redevelopment project, the Transportation Master Plan and other strategic documents that were under development towards the conclusion of the feasibility study can be utilized as opportunities and potential efficiencies when developing business cases and project approach.

16. IMPLICATIONS OF THE RECOMMENDATIONS

a) Alignment with corporate priorities

The IAF feasibility study and ultimately the new facility aligns with all Council and Organizational priorities:

- Economic Prosperity – the IAF will be a destination facility drawing inter-provincial visitors
- Environmental Sustainability – the IAF will be designed and constructed to achieve the ESF targets
- Community Safety and Well-being – the IAF will advance diversity, equity, inclusion and accessibility
- Vibrant Community – the IAF will provide and enhance year-round recreation, sports and culture programming and services, supporting quality of life and well-being
- Operational Excellence – the IAF will enable a service and performance culture through employee engagement and continuous improvement in recreation programming and facilities operations

The IAF also closely aligns with a number of goals within Design Regina: The Official Community Plan and is the top priority of the Recreation Master Plan.

b) Financial

There are financial implications of endorsing the recommendation of the IAF feasibility study and moving forward with the detailed design work to prepare the IAF for being “shovel ready”. The Administration report that accompanies the feasibility study in the Council package will outline a few financial scenarios for City Council to consider. It is anticipated that City Council’s approval to move forward with the project will be ‘in principal’, with the understanding that future capital and operating budget requests will reflect the approval and direction of City Council.

c) Environmental

The feasibility study considered energy, environmental and sustainability best practices. The financial analysis for the recommended option was completed based on aligning the facility to the targets set in the Energy & Sustainability Framework (ESF). The ESF will continue to serve as a lens through which the development of the design will be viewed.

d) Evaluation criteria

N/A

e) Other

N/A

17. COMMUNICATIONS

Communications & Engagement representatives are key members of the IAF project team, and have provided valuable guidance and support to the project for all feasibility study activities. A thorough communications plan was developed and continues to serve as a guide as the project moves forward while also considering other corporate engagement activities. The key communications and engagement tactics utilized for the feasibility study include:

- Community Advisory Committee (CAC)
- Public open and public coded surveys

- Public user groups, aquatics regulators, and stakeholder interviews
- Major community partners
- Internal and external subject matter experts including
 - Innovation, Energy and Technology
 - City Operations
 - LRE&F
 - PRCS
 - Transit
 - Regina Fire and Protective Services
 - Regina Police Service
 - Regina Public Library
- Social groups, cultural groups, non-profit groups, community associations, volunteer groups, etc.
- Other municipalities, including those that have developed similar aquatic facilities

18. LEGAL

There are no legal implications related to this report.



City of Regina New Indoor Aquatics Facility Feasibility Study

May 6, 2022



Acknowledgements

Land

The City of Regina acknowledges we are on the traditional lands of the Treaty 4 Territory, a Treaty signed with 35 First Nations across Southern Saskatchewan and parts of Alberta and Manitoba, and the original lands of the Cree, Salteaux, Dakota, Nakota, Lakota and the homeland of the Metis nation.

The City of Regina owes its strength and vibrancy to these lands and the diverse Indigenous Peoples whose ancestors' footsteps have marked this territory as well as settlers from around the world who continue to be welcomed here and call Regina home.

Advisory Committees

The following Feasibility Study could not have been completed without the commitment and dedication of the New Indoor Aquatics Facility Community Advisory Committee, City Council and administration and the multi-disciplinary consulting team.

Community & Stakeholders

It is also important to recognize the residents, stakeholder groups, potential partners and various other stakeholders who took time to share their feedback and insights related to recreation facilities and indoor aquatics through surveys, interviews and meetings throughout the planning process. Community input is integral to recreation facility planning.

This feasibility study has been prepared by the project team led by hcma Architecture + Design, P3A, and RC Strategies, in collaboration with the City of Regina. Every effort has been made to address the comments received by the City of Regina, the general public & stakeholder groups in preparing the content of this package.

Core Team:

hcma
P3A
RC Strategies

Consultant Team:

Fast & Epp + BBK
AME Group + MacPherson
SMP + ALFA
Scatliff+ Miller + Murray
KGS
Turnbull
Morrison Hershfield
BTY
RWDI
Tricia Heward

hcma designs buildings, brands, and experiences that maximize positive impact. They believe human connections are critical to solving the fundamental problems of our time, creating solutions that ignite conversation and build compassionate communities. hcma projects are the result of several decades of iterative exploration of aquatic building types, with each successive design informed by the public experience of those that preceded them. As Aquatics and Community Recreation Design Specialists, recognized internationally, hcma's knowledge and technical experience with recreation centres, pools, public buildings, and universal accessibility will assist with defining this project's goals, developing a well-aligned functional programme, and designing a leading-edge facility that reflects the City of Regina's unique

values, needs, and aspirations. hcma will lead all phases of work for this new facility.

P3A has planted deep roots in Saskatchewan over their 65+ years, and they are committed to innovative design that makes a meaningful difference to people, the community, the environment, and the practice of architecture. The firm will provide on ground support to the project and as an immediate resource and interface for the City of Regina. P3A's core team combines world-class experience and technical skill with tremendous local knowledge and horsepower. P3A will participate in all phases of the project and will assist with the coordination of the expansive sub-consultant team. The core architectural local team brings a combination of experience on large, complex projects, experience with the City of Regina projects,

processes, engagement acumen, and experience with the City and hcma in developing aquatics facilities.

RC Strategies is one of a select few professional consulting practices in Canada that specializes entirely in recreation, parks, trails and culture planning and policy development. Their knowledge gained in creating the 2019 Recreation Masterplan makes them critical advisors of the core team which provides a unique advantage in carrying out key deliverables including: engaging internal and external stakeholders alongside hcma, data collection on program and public needs, Cost benefit analysis, development of aquatic program, research and LC costing. Their involvement as the project moves forward will transition to an advisory role for items as required.

New Indoor Aquatic Feasibility City of Regina

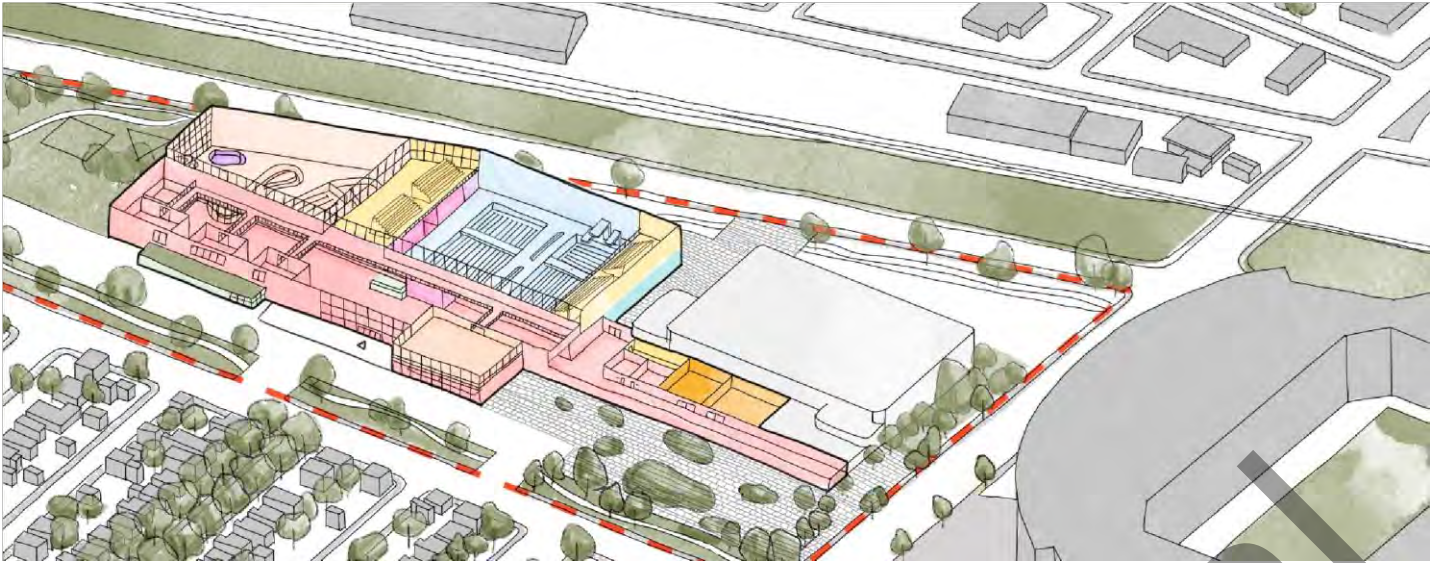
Issued:

May 6, 2022

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Executive Summary

Vision: Regina's New Indoor Aquatics Facility is an inclusive, accessible and sustainable community hub and tourist destination – that creates vibrancy and improves quality of life for Regina residents and visitors for generations to come.



Concept test fit: New Build

In 2019, the City completed its Recreation Master Plan (Plan), which guides the future of recreation opportunities and services to meet the needs of Regina’s growing community. The Plan was developed through meaningful engagement with key partners, stakeholders and the public, along with diligent research and assessment of the state of recreation in Regina. **The most important priority in the Plan is the expansion in quality and quantity of indoor pool facilities.** In 2021 the City began a feasibility study to explore a new indoor aquatics facility.

The feasibility study focused on the Sportplex site, home of the Lawson Aquatic Centre, the City’s only competition facility. The Lawson is aging and in need of investment with significant and increasing costs for maintenance and lifecycle renewal. The Lawson does not meet current inclusivity, accessibility or sustainability targets and does not provide the broad range of programs needed to meet community demand.

This feasibility study report details multiple inputs and outputs, including a range of program options and a recommended solution for enhancing the indoor aquatics capacity in Regina on the Sportplex site.

INPUT

In addition to a background review and a city-wide aquatics supply and demand assessment, the feasibility process included:

Community Engagement: Thorough market research and engagement was conducted with the public, user groups and community stakeholders. A Community Advisory Committee was also established to provide ongoing input throughout the project. The engagement findings identified several aquatics, fitness and community priorities including the need to accommodate future demand, competing priorities for competition and recreation elements, the need to provide community spaces, and address inclusivity and accessibility concerns.

Best Practices: The feasibility study explored best practices in three key areas: aquatics trends, accessibility & inclusion, and sustainability. Research was also conducted on five comparable precedent facilities across Canada with important takeaways mentioned in this report.

Existing Site & Facility Assessment: One of the City’s strategic priorities is to create vibrancy through recreational and cultural investment in or close to Downtown. The Sportplex site is optimal because of its alignment with this priority, as well as its central and accessible location, size and underutilized land to expand and adjacencies with the sport corridor and the REAL District. The

feasibility study also found program, facility and sustainability synergies with the existing Fieldhouse, which has significant useful life remaining and will continue to operate on the site.

Existing City Planning and Policy Documents: The feasibility study considered key planning and policy documents such as the Recreation Master Plan, Official Community Plan, Energy and Sustainability Framework, Regina Cultural Plan 2016, Transportation Master Plan and others.

The engagement findings, best practice research and existing site and facility assessment informed the report's outputs including a balanced program for the new indoor aquatics facility that meets the various needs and priorities, while complimenting other City plans that provide influence on capital City investment.

VISION & PRINCIPLES

Vision: Regina's New Indoor Aquatics Facility is an inclusive, accessible and sustainable community hub and tourist destination – that creates vibrancy and improves quality of life for Regina residents and visitors for generations to come.

Principles: The vision and following principles were developed to guide the feasibility study for a new indoor aquatics facility

- Improve quality of life for all residents and make Regina an attractive place to live, work and play
- Be a multi-faceted destination & community hub for decades to come
- Improve aquatic leisure recreation program opportunities, including swimming lessons
- Support excellence in competitive aquatics with a facility that can host National competitions
- Achieve ambitious sustainability targets in alignment with the City's commitment to be net zero by 2050
- Create a complete civic precinct with enhanced pedestrian, cycling & vehicular connections
- Provide opportunities for four season outdoor recreation
- Be exemplary in providing enhanced inclusive & accessible environments
- Demonstrate leadership and commitment to reconciliation

OUTPUTS

Program: The feasibility study confirmed significant demand for the new facility to meet seven activity elements, with an almost equal demand on the Recreation & Leisure and Competitive Sport & Training aquatic elements. An optimal program has been developed, balancing the various activity elements displayed in the feasibility study, with an overall program capacity increase of 620% compared to the existing site.

The feasibility study provides a program option matrix with renovation + expansion option and three new build options. The matrix highlights the spectrum of service levels across multiple elements, including Recreation & Leisure and Competitive Sport & Training, associated costs and pros/cons for each option.

Recommended Program Option: The recommended option in the feasibility study describes a new build that would consist of: a 10-lane 50-meter competition tank, a 10-lane 50-meter dive tank, a 3,250-3,700m² (35,000-40,000ft²) waterpark, which could include a wave pool, lazy river, aquatic play structures, water slides; and complimentary community amenities that exceed current and meet future demand. These spaces could include multi-purpose spaces, lease spaces, a fitness centre, gymnasium, café and a cultural space for Indigenous communities' needs.

Concept Design: Two concept options were developed for the existing site: a renovation + expansion of the Lawson, and a new build (recommended solution). Both concepts offer a functional layout that delivers similar program elements which meets best practice;

respond to urban design priorities; demonstrate an approach to siting, massing, site circulation and parking; phase development to allow for uninterrupted user-service and embodies the project vision.

While the report includes an option to renovate + expand the Lawson, this option is not recommended due to a number of challenges and inefficiencies and an overall low return on investment compared to the recommended solution.

Costing: The total cost of the recommended solution has been estimated to potentially fall within the range of \$173M based on a 2024 construction start.

This feasibility study report can be used to make key decisions for the future progression of the project. The program and concept options have been carefully analyzed to be programmatically, functionally and financially feasible. The feasibility study lays the groundwork for recommended next steps, which would include further technical studies and a schematic design phase involving more public and stakeholder input.

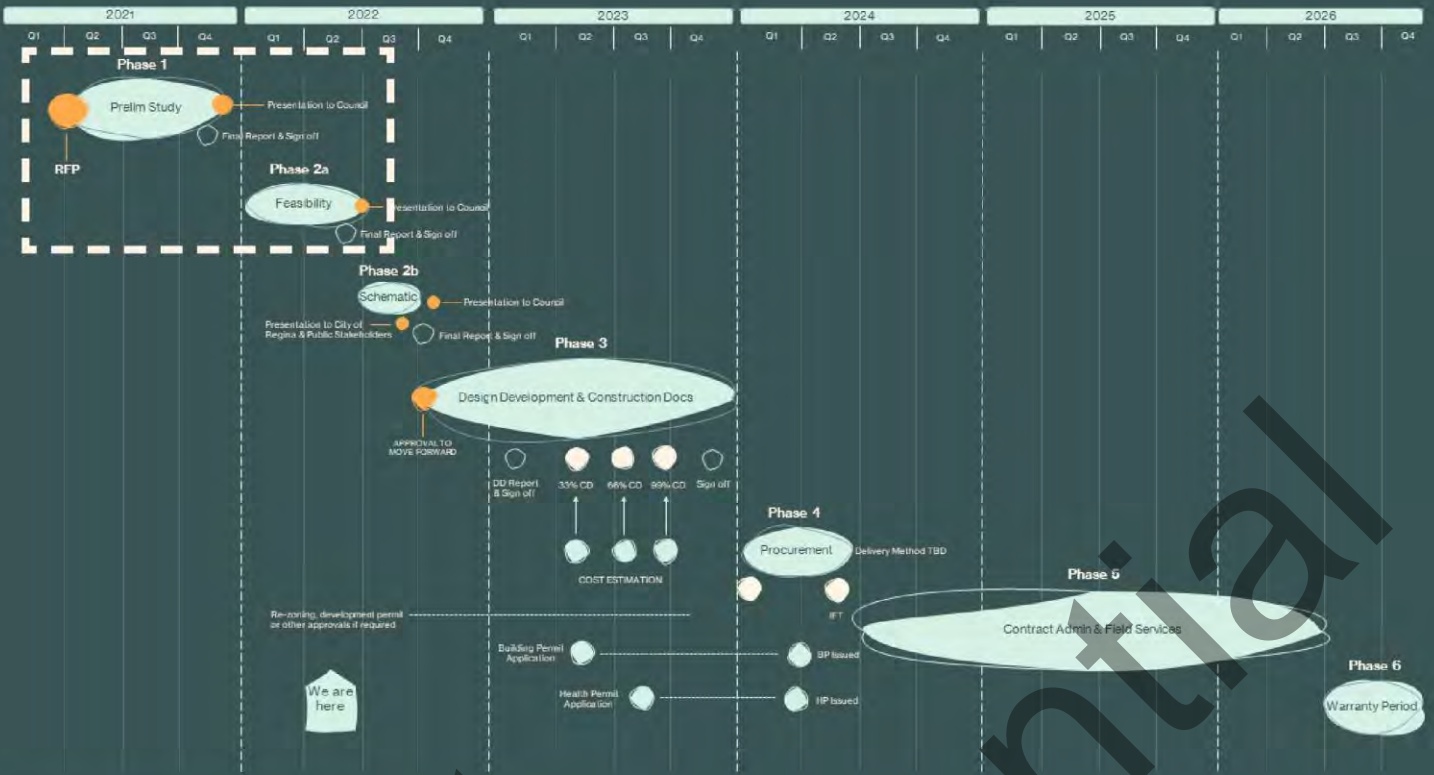
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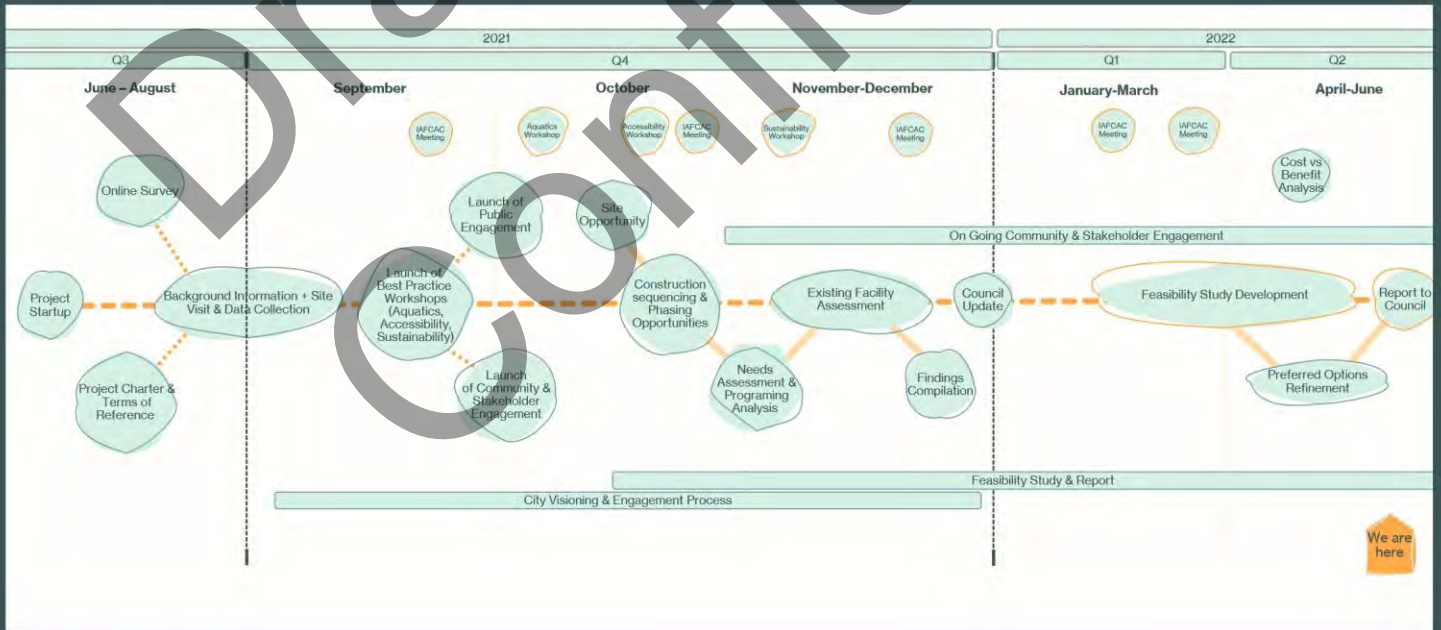
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Project Time line



Approximate Overall Project Schedule
Timeline is representative of a traditional project delivery method.

Feasibility Time line



Phase 1 & 2 Work Schedule

1.0

Introduction

1.1 Overview

Recreation facilities improve quality of life in the Regina region. The City of Regina (the City) invests in public recreation facilities to make life better for residents and visitors of all ages and abilities. This investment is routed in the City's planning fabric, rationalized through key documents such as Design Regina: Official Community Plan and the Recreation Master Plan, and demonstrated through the vast array of indoor and outdoor recreation amenities offered throughout the community.

Indoor aquatics facilities are one of the most important and most significant public investments. These facilities lead to healthier individuals, more connected communities and economic activity by attracting people to the community. The City is the primary provider of publicly accessible indoor aquatics experiences in Regina and the surrounding region.

The City's most recent Recreation Master Plan, completed in 2019, outlined bold recommendations related to the City's provision of indoor aquatics facilities. It called for investment to increase both the quantity and quality of indoor aquatics facilities, which currently is composed of three indoor pools; the Lawson Aquatics Centre, the Sandra Schmirler Leisure Centre, and the North West Leisure Centre. Of note is that there are also publicly available indoor pools offered by the University of Regina and the YMCA.

In response to the recommendations in the Recreation Master Plan, in July 2021 the City commissioned a team lead by Hema Architecture Design to undertake a feasibility study to further explore how enhancements to both quantity and quality of

indoor aquatics could develop in the City, focusing on revitalizing or replacing the Lawson Aquatics Centre and enhancing service levels while doing so.

To guide this effort and ensure the voices of the indoor aquatics community in Regina were heard, the City invited aquatics and other community minded stakeholders to be part of the New Indoor Aquatics Facility Community Advisory Committee (CAC). The CAC provided integral and timely input throughout the planning process and has been key to the progress that has been made to date in determining need and articulating the kinds of facilities and spaces that would meet said need both now and in the future.

To complement the involvement of the CAC, the consulting team conducted a comprehensive public engagement process that included surveys and community meetings supplemented by research into trend, best practices and thorough analyses of current indoor aquatics participation in Regina. The information from this process is captured within this Feasibility Study to help City Council decide on how to move forward with this significant and important investment for the community.

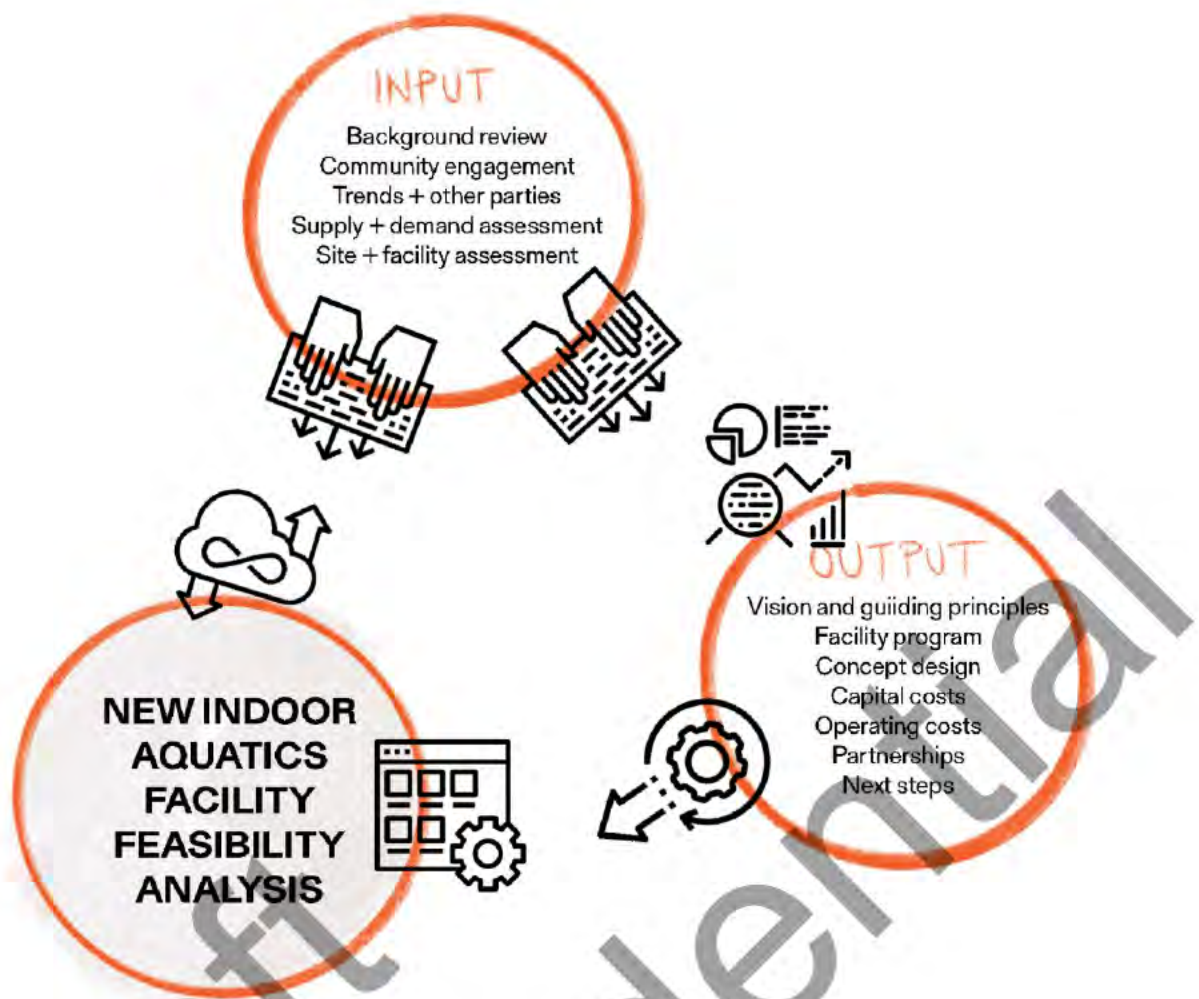
The body of the Feasibility Study includes summaries of large pieces of work for each section. For more detail, see the appendices.

Historical Regina Community

Situated in the middle of the Prairie Provinces, the capital of Saskatchewan, Regina is in the south-central province on Treaty 4 land, the traditional territory of the Métis. This diverse and vibrant community is one of Canada's fastest growing cities that hopes to improve the quality of life for its growing population through the development of community recreational facilities.

Regina has deep seeded roots in sport. It was a recruiting ground for the American Girls' Professional Football League, as well as home to the Pats - the oldest major junior hockey franchise in the world – represented by the four-time Stanley Cup-winning Canadian Football League franchise, the Saskatchewan Roughriders.

The city is also home to a rich tradition of aquatic sports athletes who predominantly occupy their daily training grounds. This is comprised of the Lawson Aquatics Centre and the Fieldhouse, one of the City's oldest recreational facilities, providing a variety of programs for fitness, and sport programs for all ages of Regina.



The CAC

The Indoor aquatic facility community Advisory Committee (CAC), played an influential role, as expert stakeholders to safeguard objective representation on the project team process progress, and findings throughout the feasibility study phase.

The committee was asked to support the consultation process, based on consensus, with independence & respect in providing key perspective on community needs, financial impact, timing, options, and other project considerations. The IAFCAC also became advocates for the project as representatives of varied sports and community groups.

1.2 Supply & Demand Analysis

The analysis used to understand supply and demand for indoor aquatics, and ultimately inform a program for what amenities should be included in a new facility, is based on a framework that looks at enabling seven different types of activities:

- Recreation and leisure
- Skill development
- Fitness
- Sport training
- Special events
- Therapy and rehabilitation
- Leadership training

More information on these activity types and the supply and demand analysis is in [appendix x](#), the Recreation Master Plan.

This feasibility study culminates in two conceptual design options, developed for consideration and evaluation, that meet varying levels of community need and feature various combinations of amenities. This report puts forth a recommendation regarding the optimal scale of the proposed programmatic elements that will best serve Regina and region moving forward, with

the realization that more investment in other city facilities will be required to support future growth. It is critical that a new municipal

project of this scale provides not only enhanced aquatic experiences that address the gap in current City amenities but also leverages this opportunity and investment to satisfy its non-aquatic user needs.

The Sportplex, which includes the Lawson Aquatic Centre, is a well-used facility that serves a significant portion of the Regina Aquatic Sports Groups. Despite its prominent role, the faces significant challenges due to age.

1.3 Project Background

The Recreation Master Plan recommended that the City increase the provision, both in quantity and quality, of indoor aquatics facilities in the short term to enhance both indoor program/competition and recreation/leisure capacity at the City-wide level. This recommendation was based on thorough community engagement and extensive research in the current state of recreation facilities and services in Regina and region in 2019.

Beyond the bold recommendations outlined in the Recreation Master Plan, a review of City planning as well as initiatives and aquatics related regulations at the provincial and national levels strengthened the justification for development and enhancement of indoor aquatics at the Lawson Aquatics Centre. Appendix X articulates key findings from a review of 39 relevant documents and initiatives and how they relate to aquatics facility development in the City. Namely, it highlights the need for new facilities to be multi-purpose and flexible, able to host events and competitions, and built and operated in alignment with the City's energy and sustainability policies. The literature also highlights the opportunity for new facilities to further reconciliation and promote equity and inclusion.

Why the need for a new Aquatic and supporting community space

The City of Regina is at a critical moment in the life span of the existing Lawson Aquatic Centre, which was originally built in 1974 and later expanded in 1986, when the adjoining Fieldhouse was constructed. This facility is no longer meeting needs or standards for programming, accessibility and inclusivity or sustainability. To address present deficiencies, an extensive renovation and addition or alternatively a replacement, has been assessed in this feasibility study as a viable solution for resolving & easing the challenges listed below.

- **Ageing and failing** infrastructure
- **Overcrowding** of aquatic spaces
- **Inadequate** change room and multi-purpose space
- **Rising operational costs**
- **Accessibility** challenges
- **Inability** to meet evolving

*The findings of a detailed assessment of the existing facility and the site it is located on are included in later sections of this study.



Site Context

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2.0 Engagement Summary

Public engagement helps ensure multiple voices are heard.

2.1 Background

Gathering the perspectives of the public, user groups, community organizations, and other stakeholders is integral to understanding the importance of and need for a public investment in recreation facilities. This is especially important for investment in indoor aquatics facilities as these types of facilities accommodate a variety of activities, including but not limited to competitive and programmed uses, recreation and leisure swimming, fitness, therapeutic purposes and more. Each person and organization in the community has a slightly different perspective on an indoor aquatics facility, particularly as it relates to its ability to meet their needs across the varied types of aquatic activities.

To understand these varying perspectives, a detailed and robust program of engagement was designed and implemented. The engagement activities gathered information from diverse audiences; this information served as an important input into the planning for a new indoor aquatics facility. Through the engagement activities information was gathered related to current levels of service, desired amenities and uses, willingness to travel and pay, and other values related to the City's investment in aquatics.

In addition to the program of public engagement described previously, an Indoor Aquatics Facility Community Advisory Committee (CAC) was formed. The CAC includes representatives from many different aquatic interests as well as broader community champions and leaders; it has influenced the planning process significantly through various meetings and interactions with the study team. The formation of the CAC is an important step to ensuring ongoing public and stakeholder involvement in the development of this Feasibility Study.

What we asked of the Community Advisory Committee

As part of the engagement process, to facilitate and outline the project parameters, to compile the necessary information needed for the project team to make informed decisions, the CAC was engaged to gather advisement from representatives of sports and community groups who bring specialized expertise and can be advocates in their respective communities.

The CAC was asked to support the boarder consultation process, based on consensus, with independence & respect in:

- **Acting as an advocate** for the project
- **Providing key perspective on:** community needs, social impact, timing options other project considerations.

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**NEW INDOOR
AQUATICS
FACILITY
ADVISORY
COMMITTEE**

- Provide guidance and input
- 6 Meetings thus far



**HOUSEHOLD
SURVEY
(CODED
ACCESS)**

- Public preference about current and future aquatics
- 2481 Completed surveys (+/- 2%)



**PUBLIC
SURVEY
(OPEN
ACCESS)**






- Public preference about current and future aquatics
- 1400 Responses

2.2 Public Engagement

The team also facilitated both a coded access (statistically representative) household online survey, an open access public online questionnaire, a stakeholder and group questionnaire, and a number of consultant-led interviews and meetings with user group representatives and key community stakeholders. The details related to engagement tactics and information gathered is presented under a separate “What We Heard Report” document which can be found in the Appendix ([Appendix title](#)).

As well, there were numerous City-led discussions throughout the planning process with community stakeholders as well as internal subject matter experts, Administration, and City Council. All engagement efforts were conducted in alignment with the City’s policies and practices related to community engagement and were influenced by leading practices from the International Association of Public Participation (IAP2) and Architecture Ethics Community Consensus Initiative (ARECCI). A summary of the consultant led engagement (from the What We Heard Report) is presented below along with a summary of the City led meetings. It is important to note that further community engagement will occur as the design process evolves.

What We Heard Report

- Strong need for a new indoor aquatics facility that accommodates future demands 
- A new indoor aquatics facility should accommodate recreation and leisure aquatics, swimming lessons, fitness activities 
- Training and competitive aquatic needs should be accommodated in a new indoor aquatics facility 
- Aside from the range of aquatic activities, this new facility development needs to provide space for community organizations as well as members of the neighbouring community 
- The new facility should address all issues as it relates to inclusivity and accessibility considering culture and heritage, as well as physical accessibility concerns 



**STAKEHOLDER
AND GROUPS
SURVEY**

- Public preference about current and future aquatics
- 15 Responses



**CONSULTANT
LED MEETINGS
+ SESSIONS**

- Public preference about current and future aquatics
- 14 Meetings representing 39 organizations



**COMMUNITY
LED MEETINGS
+ SESSIONS**

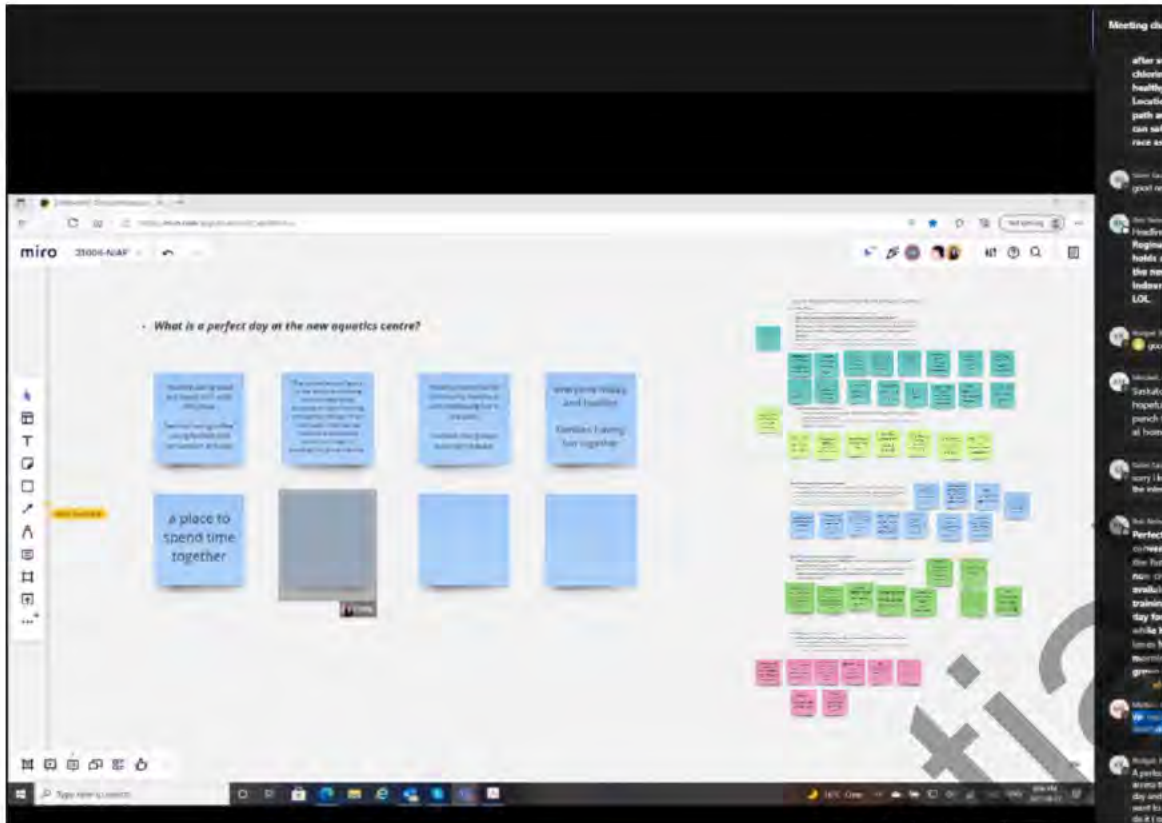
- Public preference about current and future aquatics
- x Meetings

2.3 City Led Engagement

The City led over thirty meetings with stakeholders in the community. Stakeholders offered a diversity of perspectives and ranged from the University of Regina, YMCA, Regina Exhibition Association Ltd., Saskatchewan Roughriders, Economic Development Regina, Regina Police Services, Fire and Protective Services, Regional Municipalities, the Accessibility Advisory Committee, Business Improvement Districts, the Public Library, internal City subject matter experts, Indigenous stakeholders and others.

Themes gathered from these meetings included the following:

- Accessibility, inclusivity, and affordability are important considerations to ensure the new facility will truly be a community facility
- The outdoor amenities and outward facing elements and sightlines of the building have significant impact on the integration of the facility into the local area
- A balance of separation of the competitive and training elements from the leisure and recreational amenities of the aquatics facility is desirable
- The facility has the potential to provide a significant draw for residents and visitors
- Active transportation east and west from the final site to the Taylor Field site and to the city centre and Warehouse District is an important consideration in planning for the movement of large crowds safely
- Access to the site and those nearby destinations needs to consider spectators and visitors as well as emergency vehicle access
- The impacts of the development on existing parking should be taken into consideration
- The new facility will have a sizeable environmental footprint
- The new facility presents a unique opportunity to partner with the Indigenous community in the creation of a Cultural space



Indigenous Engagement Summary

Regina's population of 23,000 consists of 10% Indigenous residents. In 2016, Regina City Council unanimously approved a Referral Motion moved by Mayor Fotheringham to honour, acknowledge, accept responsibility, and participate in actions to address the Truth and Reconciliation Commission of Canada 94 Calls to Action. The City of Regina formalized this commitment in its 2016 Cultural Plan committing to strengthening the Indigenous community's cultural presence in Regina as one of the core 11 objectives.

Holding Indigenous engagement sessions in this spirit led to fruitful discussions focused on how the City might support these reconciliation ambitions. Through multiple meetings with members of the Indigenous community, an opportunity emerged to include a modest physical space with a mandate to strengthen and celebrate Indigenous culture in our city. This cultural space would benefit both the Indigenous community as well as enrich the quality of life of non-Indigenous residents.

These discussions, held in a spirit of intention and sincerity, illustrate the need for inclusion of a physical space based on the benefits to all residents through the sharing of Regina's cultural origins. Discussions are ongoing and will include more Knowledge Keepers, Traditional Healers, Elders and Indigenous sport & recreation specialists in future phases of the project to understand more about how this space could be accessed.

2.4 City Staff CAC Visioning Sessions

In September of 2021, a series of virtual visioning sessions were conducted and used Microsoft Teams and Miro to actively ask members several key questions about the new facility. This feedback helped to determine the needs and aspirations of the City Project team and the Community Advisory Committee for the new facility.

The following questions were used as prompts for the group to start a conversation:

Big Picture

What does success on the New Indoor Aquatics Facility mean to you?

What do you think are the biggest challenges with the New Indoor Aquatics Facility?

What do you think are the biggest opportunities with the New Indoor Aquatics Facility?

Headlines of Tomorrow

Fast forward five years from now - what headline would you want to read on the New Indoor Aquatics Facility?

A Perfect Day

What is a perfect day at the new aquatics centre?

A summary of the responses from the sessions can be found on the following pages.

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meets the needs of a variety of user groups
(competitive, leisure, kids)

a welcoming and safe environment
(gender neutral change)

meets needs of competitive sports groups
(diving, artistic, speed)

a pool that is accessible for swimmers
(a pool that has the room for all kinds of lane swimmers)
a longer swim

additional dryland, deck, and storage space

an accessible pool that is safe for users of all abilities
(set time for older adults to use the facility)

inclusivity for all
bringing the community together

additional pool space
(not just replacement)

welcoming
Accessible
meets needs of user groups

access to more pool time
access at reasonable times of the day

meeting national competitive levels

At this early stage, I don't know that I want to define success because if we don't see that, we may look upon it as failure. I'd rather describe a vision of the grand outcome that we would like to see.

Location - Near a bike path and road where we can safely run, cycle, and race as part of a triathlon.

Separated spectator area

we cannot replace we have to have additional/more.

separation of public and competitive use

Capacity - We'd like to get many people training or racing at one time.

Features - An indoor/outdoor pool would be welcome. 50 metres is better for endurance swim training. Hot tub - Seating and lockers available. Attached to an indoor/outdoor track (additional, new fieldhouse?) so we can run/athle swimming. Non-chlorine pool for a more healthy environment.

think bigger
no lack of space

acknowledge the land it was built on

Regina Aquatic center wins Gold and not just in the water!

Regina new facility leads in cutting edge standards for aquatic facilities

Regina's new facility is a swim-tastic experience

Regina's new aquatic center is a place for all to enjoy

Regina Multisport Club holds annual triathlon at the new "Rob Nelson" Indoor Aquatics Facility

Saskatoon remains jealous of Regina's new aquatic facility

Saskatchewan Olympic hopefuls compete for punch their Olympic tickets at home.

Regina's new aquatic center is LEED certified!

multiple user groups are happy with what they have
Seniors having coffee, young families playing and competitors training; all happy

The convenience of going to the facility and finding non-crowded lanes available for swim training throughout the day for an individual, while having multiple lanes booked some mornings or evenings for group training.

public and competitive user groups can be together and be happy utilizing the space effectively, and efficiently.

School in the morning - ride bike to the pool --> training

meeting rooms full of community members with kids having fun in the pool
multiple user groups enjoying the space

a place to spend time together

an accessible waterslide

Eat lunch while connecting over wifi to finish school work remotely

Access office space to prep for evening coaching with young athletes coming up.

facility being used at all hours of the day
every guest wanted to come back

2.5 Tactic Consideration & Conclusions

- There is a strong need for a new indoor aquatics facility. As it relates to the current use of the Lawson, a new facility should not simply replicate the amenities but should address the current deficit of space as well as accommodate future demands.
- The Lawson Aquatic Centre is one of the most used indoor aquatics facility in Regina, and the only competitive aquatics facility.
- A new indoor aquatics facility should accommodate the strong need for recreation and leisure aquatics, swimming lessons, and fitness activities.
- Specific needs include:
 - Warm water pool
 - Beach entry
 - Water park amenities: spray / splash park; water slides
 - Social gathering / seating areas
 - Respite / quiet areas (to escape the highly stimulating environment)
- A new indoor aquatics facility needs to accommodate the needs of organizations for their training and competitive needs. The facility should meet the requirements and standards as described by national bodies for speed swimming, diving, artistic swimming, and water polo.
- Specific needs in the natatorium include:
 - 50m 10 lane pool
 - Secondary Tank
 - Separate dive tank
 - Cold and warm tubs / pools
 - Spectator seating (off the deck)
 - Separate gym / dryland training area (including trampolines)
 - Sufficient deck space to accommodate officials and athletes
 - Equipment storage for the City and club
 - Multi-purpose rooms for classroom / official rooms, hospitality rooms
- Other amenities to include in a new facility:
 - Change rooms: universal change rooms, separate change rooms for officials and coaches; consider a separate group change room
 - Café and social gathering space
 - Gymnasium and weight room
 - Public bathrooms with showers for people otherwise not using the facility
 - Several program rooms that could be used by community organizations and agencies
 - Consider culturally specific rooms to accommodate prayer, washing, smudging
- The facility should be designed to recognize the community and the heritage of the residents, particularly the Indigenous community.
- The transportation needs of people with mobility challenges needs to be addressed through appropriate parking near the entrances but also with suitable drop off and pick up area (that could be covered or inside).
- All aspects of the new facility should accommodate people with physical disabilities including pool deck and access, change rooms, entrances, etc.

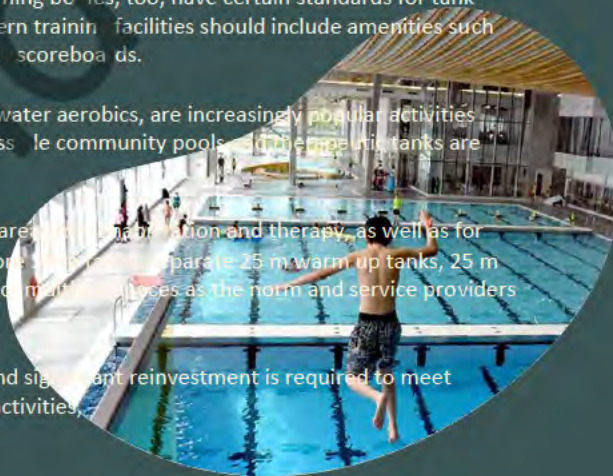
3.0 Aquatic Trends + Best Practices

“Swimmers have been found to be more socially connected, have higher levels of community trust & volunteer more.”

- Swim England 2021

Research into participation at indoor aquatics facilities in other cities has been conducted to better understand how contemporary user expectations might influence the design and operations of a new facility. The following trends have emerged to aquatics in the areas of service delivery and programming that should be considered for a new indoor aquatics facility in Regina:

- Recreational swimmers are increasingly looking for exciting aquatic experiences such as aquatic playgrounds for those of all ages and abilities, lazy rivers, wave pools, waterslides, etc.
- Swimming and all activity types are regaining popularity as people are looking for more spontaneous physical activities that fit into busy work/life schedules; working from home and gig work has also shifted when people look for recreational opportunities rather than there being a pre- or post-work rush.
- Swimming lessons are also growing in popularity, resulting in greater demand for lessons for those of all ages, particularly for such lessons are viewed as integral to physical literacy, skill development, and preventing injury/drowning. Some municipalities are experimenting with offering swimming lessons for children jointly with adult programming such as aquacross.
- Providing opportunities for all family members to take part in different activities simultaneously at the same location can increase participation levels, as well as a sense of convenience and satisfaction for residents. For example, while children participate in swim lessons, guardians may wish to grab a coffee and visit in social areas in significant pool tanks.
- Wellness and therapy pool users are one of the fastest growing user segments for aquatic services, particularly in communities with aging populations. These users tend to require warmer water, but can also benefit from access to cold water plunge tanks as well.
- Competitive swimmers have high expectations for facility design and governing bodies, too, have certain standards for tank configurations, spectator seating, timing systems, and so forth. Modern training facilities should include amenities such as dive tanks, warm up pools, starting blocks, advanced timing systems, and scoreboards.
- Aquatic exercise, including swimming, water-based resistance training, or water aerobics, are increasingly popular activities among those seeking for a low impact workout in a fun environment. Accessible community pools and therapeutic tanks are necessary amenities to support these types of activities.
- Pools are being designed to have multiple tanks and zones, such as quiet areas for rehabilitation and therapy, as well as for users with sensitivities to sound and/or light, training areas with one or more lanes, separate 25 m warm up tanks, 25 m leisure and recreation pools, hot tubs, and saunas. Increasingly, users expect many amenities as the norm and service providers need to quickly adapt to meet community needs.
- Many aquatic facilities in Canadian municipalities are nearing end-of-life and significant reinvestment is required to meet changing user expectations and provide quality environments for aquatic activities.



3.1 Trends Influencing Recreation

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- A general ageing of the population; longer periods of retirement.



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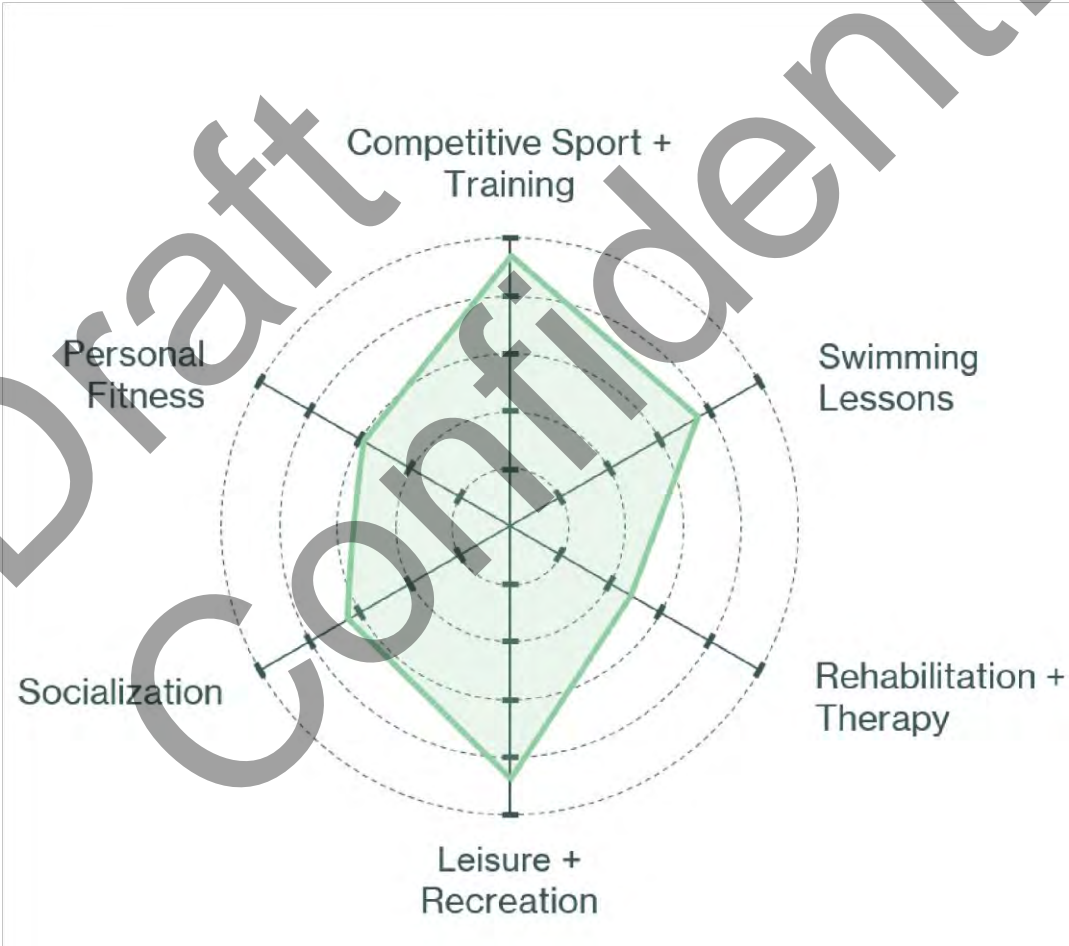
- Flexibility in the times when people seek out recreation opportunities; changing employment structures and work hours
- Increased variety in leisure options
- User demand for quality facilities and services
- Multi-use spaces that are community hubs and allow for multiple activities and user groups
- Growing popularity of unstructured activities.
- Growing recognition of the important role of physical wellness activity in managing chronic disease and support mental health
- More sustainable and eco-friendly infrastructure
- Multi-sector partnerships to leverage funding and expertise

3.2 Recreation, Rehabilitation and Therapy

- Participation for fun, relaxation, socialization and fitness
- Spontaneous recreation opportunities
- Inter-generational participation
- Desire for warmer water, aquatic playgrounds.

3.3 Innovative Programming occurring in aquatic facilities include :

- Movie nights
- Beach parties
- Water mat aerobics
- Paddle board yoga
- Deep water hydro
- Scuba diving



The diagram above are the stakeholder groups responses on their priority activities.

3.3 Precedents Studies

We strive to learn from past projects, both our own and those of others. We learn from what has worked well and from what could be better. Learning is a crucial component of design and building. The following pages include references of completed aquatic centre projects from municipalities across Canada. Each building has its unique aquatic and community programming allowing for a range of leisure and competitive sport activities. Key takeaways have been outlined for each precedent to inform programmatic options for the design of the new community aquatic centre.

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Windsor International Aquatic & Training Centre

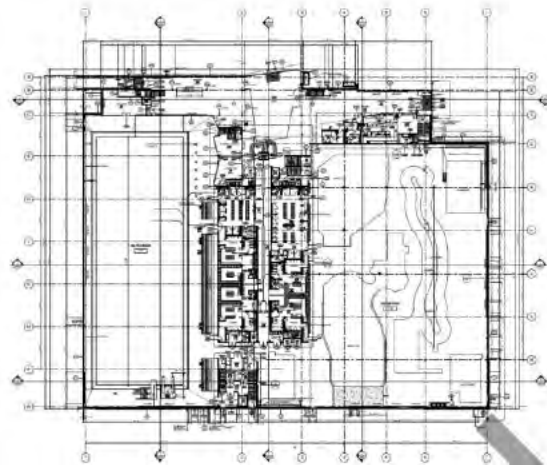
Opened: 2014

Location: Windsor, Ontario

Climate: Warm humid climate with cold winters

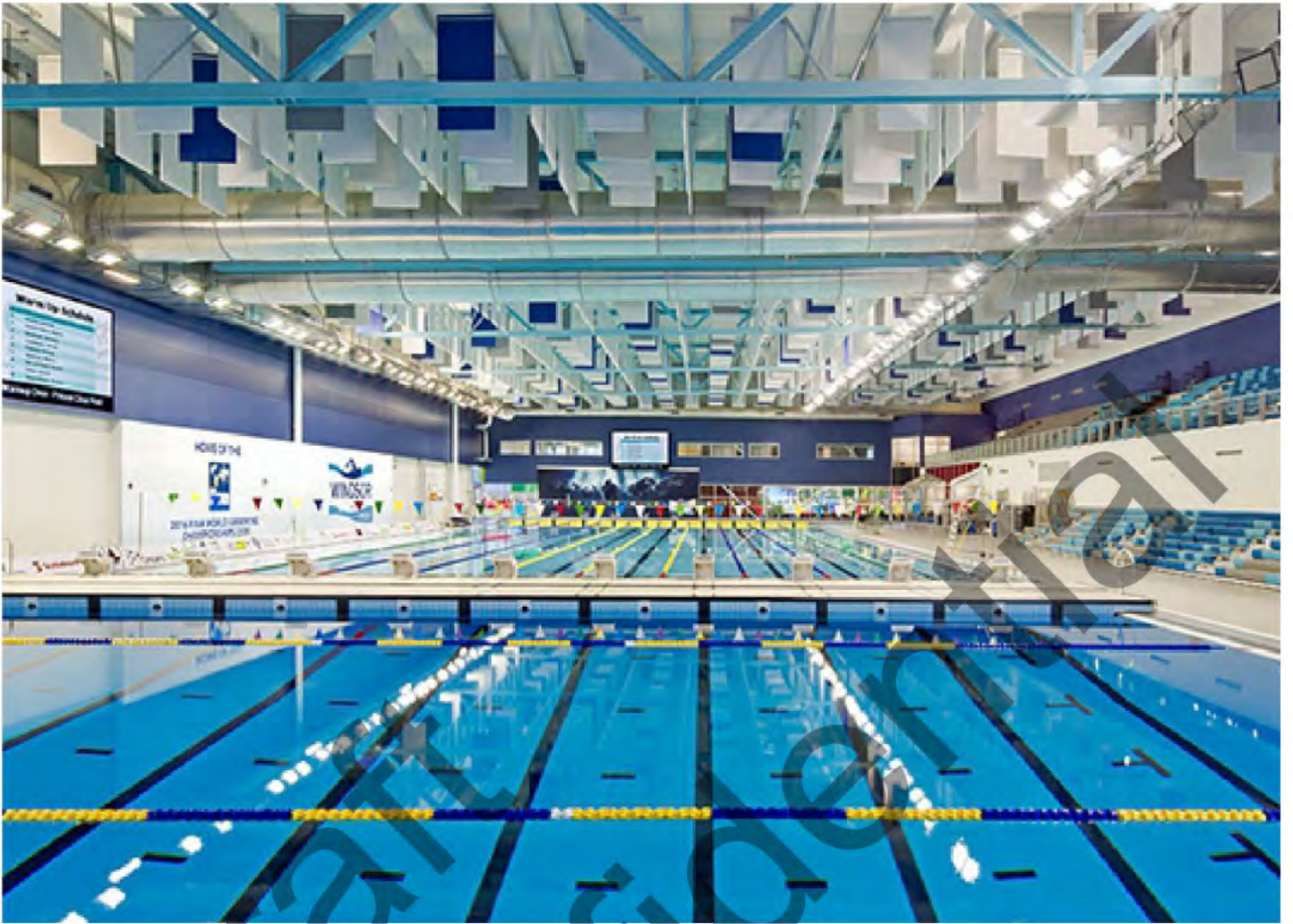
Windsor International Aquatic and Training Centre (WIATC) is City of Windsor's new state-of-the-art aquatics facility. This 71m x 25m, 10-lane pool features two moveable bulkheads that allow for multiple configurations to fit the ideal length for any competition or community use. The pool varies in depth from 2m to 5.2m in depth, but also features a moveable floor at the north end of the facility, which allows for shallower depths and greater accommodation for community programming.

The Family Aquatic Complex is also home to Adventure Bay Family Water Park, southwestern Ontario's newest and wildest



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attraction.



Amenities & Features:

1. 71m x 25m 10-lane lap tank
2. 2 moveable bulkheads
3. Dive tower 1m, 3m, 5m, 7m and 10m
4. 25m x 17m moveable floor
5. 900 spectator seats
6. Wave pool, lazy river, activity pool, splash pad
7. 3 high slides
8. Space for groups of up to 100 depending on set-up style
9. 3 rooms have built in data projector and screen (Whale/Jellyfish/Seahorse)
10. 4 rooms offer refrigerator, sink, cabinets and counter with views of the water park. (Jellyfish/Octopus/Seahorse/ Starfish)
11. 1 room offers view of Detroit River & Skyline (Whale Room)
12. 1 room overlooks the 71 metre, state-of-the-art Olympic style pool (Media Room)



Key Takeaways:

- Key Take away 1
- Key Take away 2
- Key Take away 3

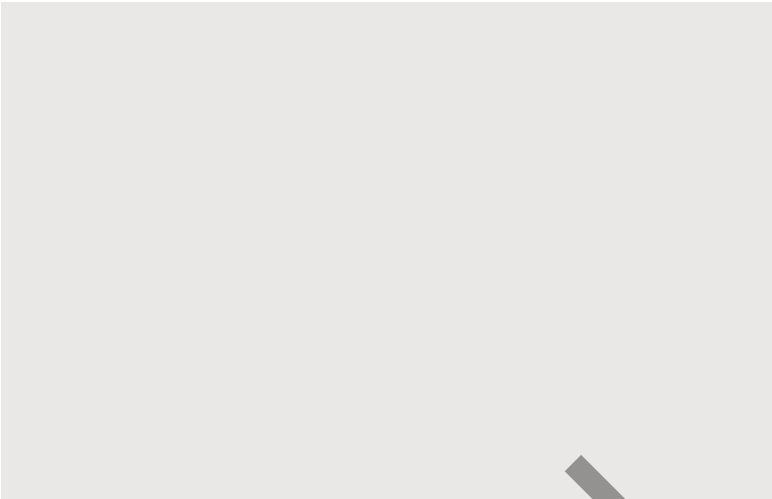
H2O Adventure & Fitness Centre

Opened: 2009

Location: Kelowna, British Columbia

Climate:

H2O Adventure + Fitness centre is Kelowna’s worldclass destination for family fun in the water. The facility is owned by the City of Kelowna and operated by the YMCA of Okanagan. The facility is the largest municipal water park in Canada including; Olympic length pool, wave pool, river run, water slides, a kid’s spray park and a surf wave simulator. The building also includes 12,000 sq ft of fitness and cardio space.



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Amenities & Features:

1. 50m- 8 lane competitive pool featuring 2 bulkheads
2. Leisure pool, wave pool, lazy river and splash park
3. Universally accessible family whirlpool & adult whirlpool
4. Children's water park
5. 4 Water slides
6. Hot tub, sauna, steam room
7. Waverider surfing facility
8. Fitness center including aerobics studio, cycle studio, indoor walking track, gymnasium, cardio and conditioning areas, and low-impact fitness equipment
9. Childcare, Multi-purpose rooms, Café



Key Takeaways:

- Key Take away 1
- Key Take away 2
- Key Take away 3

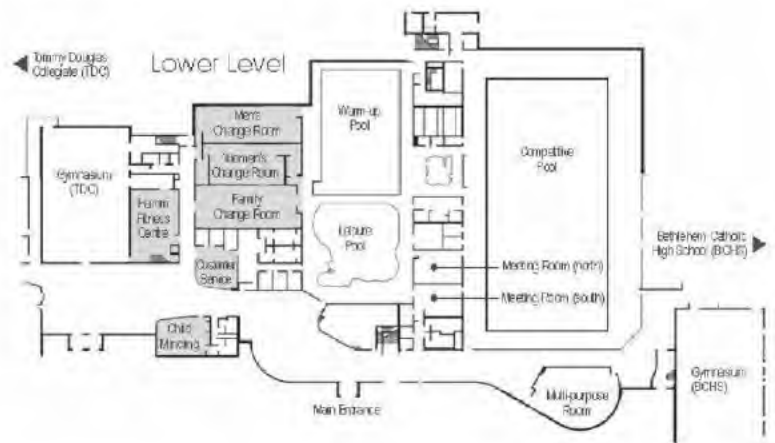
The Shaw Centre

Opened: 2017

Location: Saskatoon, Saskatchewan

Climate: Warm humid climate with cold winters

Shaw Centre, Saskatoon's newest Leisure Centre, includes a 10 lane high performance competitive pool, spectator seating, 6 lane warm-up pool, leisure pool with waterslide, hot tubs, Hamm Fitness Centre & Walking Track, two community gymnasiums, meeting rooms, multi-purpose fitness room, cafeteria and corridor connecting the centre of two schools.

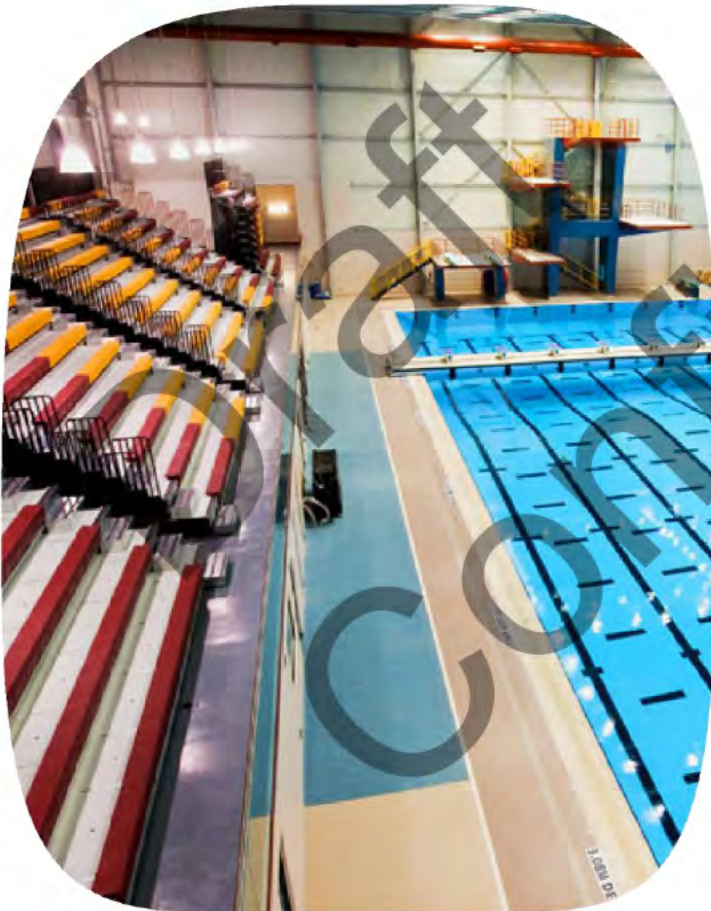


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Amenities & Features:

1. 50m 10-lane competition pool, Diving Boards & Platforms
2. 6-lane Warm-up Pool
3. 25m recreational pool with accessible ramp
4. Leisure pool and lazy river with accessible ramp
5. 34-person hot tub with accessibility lift
6. Fitness Centre, Walking Track, Community Gymnasiums
7. Child Minding, Multi-Purpose & Meeting Rooms
8. Outdoor Playground, Sport Fields



Key Takeaways:

- Key Take away 1
- Key Take away 2
- Key Take away 3

Toronto Pan Am Sports Centre

Opened: 2017

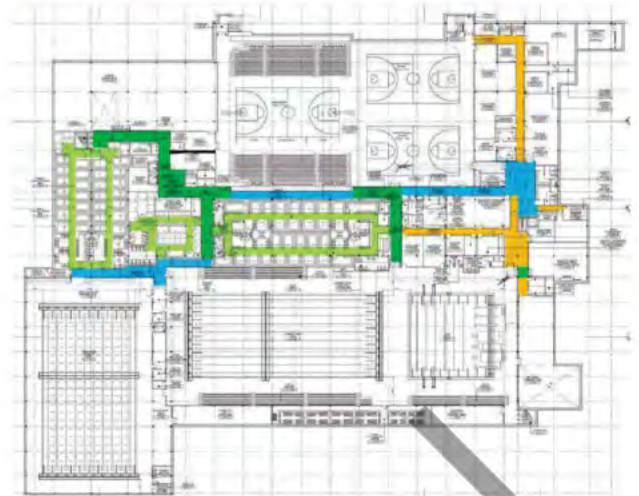
Location: Toronto, Ontario

Climate: Warm humid climate with cold winters

The world-class facility was the largest sport new-build for the Games and the largest infrastructure investment in Canadian amateur sport history. Toronto Pan Am Sports Centre delivers extensive programming that serves recreational and community groups, high-performance athletes, as well as fitness centre clientele.

The 312,000 square-foot Centre includes two internationally sanctioned 10-lane 50-metre pools, a world-class dive pool and dryland dive training facilities, a four court gymnasium, an indoor running track, a high-performance testing centre, studio spaces, and a state of the art fitness centre for members

Built to international standards for competition, the Competition pool can be separated from the Dive Pool Activities via a curtain and plug-ins allow for an underwater sound system.



The Canadian Sport Institute of Ontario (CSI), located at Toronto Pan Am Sports Centre, provides world-leading sport science and sport performance services to unified high-performance athletes.

<https://www.tpasc.ca/facility/legacy>



Amenities & Features:

1. 52m x 25m 10-lane competition pool
2. 52m x 25m 10-lane training pool
3. 25m x 25m dive pool, Dive tower 1m, 3m, 5m, 7m and 10m,
4. 2277 spectator seats + 24 accessible seats
5. Dry land dive training centre, with trampolines, dive pit, harness rig and cushioned flooring
6. 4 full-sized courts, 200m walking track, indoor climbing, fitness center & studios
7. Food court, retail, multi-purpose & meeting rooms
8. Outdoor sports field



Key Takeaways:

- Key Take away 1
- Key Take away 2
- Key Take away 3

Grandview Heights Aquatic Centre

Opened: 2016

Location: Surrey, British Columbia

Climate: Warm and temperate climate, heavy rainfall

The project vision was to design and build a world-class aquatic centre to attract people from everywhere, while expressing the community's ambition for Surrey. Inclusivity and universal access help to support a diverse culture. Intended to accommodate the needs of its growing community, the aquatic centre plays a vital role as the area develops.

It meets stringent FINA standards to host regional, provincial, national and international sporting events in its 10-lane, 50m Olympic size competition pool and dive platform. With seating for up to 900 spectators, it is poised to act as a premier destination for competitive diving and swimming, synchronized swimming and water polo events. Yet its pro-athlete capabilities are carefully balanced with the needs of recreational users – without compromising the unique needs of either group.



Amenities & Features:

1. 50m -10 lane FINA-standard Olympic size competition pool
2. Dive tower 1m, 3m, 5m, 7m and 10m,
3. Spectator seating for 800 people
4. Hot tubs for families (with ramp access) and adults
5. A 500 square metre leisure pool
6. Waterslide, Lazy river, spray features, tot's area with access ramp & accessible steam room and dry sauna
7. Fitness and weight room facilities
8. Exterior terrace



Key Takeaways:

- Key Take away 1
- Key Take away 2
- Key Take away 3

təməsewtxə Aquatic and Community Centre^w

Opened: 2024

Location: New Westminster, British Columbia

Climate: Warm and temperate climate, heavy rainfall

The City of New Westminster is pleased to announce that the name of the new aquatic and community centre in New Westminster will be təməsewətxə Aquatic and Community Centre. The name is the hənəqəəminəəmə word for “sea otter house.”

The design was driven by a two-year community engagement process, prioritizing accessibility for people of all ages and abilities, as well as the flexibility to future-proof the facility. The centre includes a



four-pool aquatic centre with sauna and steam rooms, universal washrooms and change rooms, a fitness centre, gymnasium, community

<https://www.hcma.ca>



rooms, licensed childcare, administrative offices, as well as significant new plazas and greenspaces.

Expected to open to the public in 2024, the future t̓m̓s̓ew̓t̓x̓ Aquatic and Community Centre is set to be Canada's first Zero Carbon-certified aquatic centre, aiming for a 90% reduction in GHG emissions and eliminating fossil fuels emissions completely.

<https://www.surrey.ca/parks-recreation/recreation-facilities/grandview-heights-aquatic-centre>

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Amenities & Features:

1. 50m- 8 lane pool featuring 2 bulkheads and a movable floor
2. Leisure pool featuring 25m-3 lane, lazy river, spray toys and tot zone
3. 2 hot pools (adult and family), Steam & Sauna
4. Fitness area, spin, aerobic & yoga classes, 2 gymnasiums,
5. Health and Wellness space; physio, massage & chiropractic
6. Childcare, Multi-purpose rooms, Café
7. Landscaping for additional outdoor programming, lounging and play



Key Takeaways:

- Key Take away 1
- Key Take away 2

•

Key Take away 3 – ideally takeaways

4.0 Accessibility + Inclusion

Best Practices

“Every choice we make as designers determines who can use an environment or product. The mismatches that we create in the process are the building blocks of exclusion.”

- Kat Holmes
UX Designer & Author

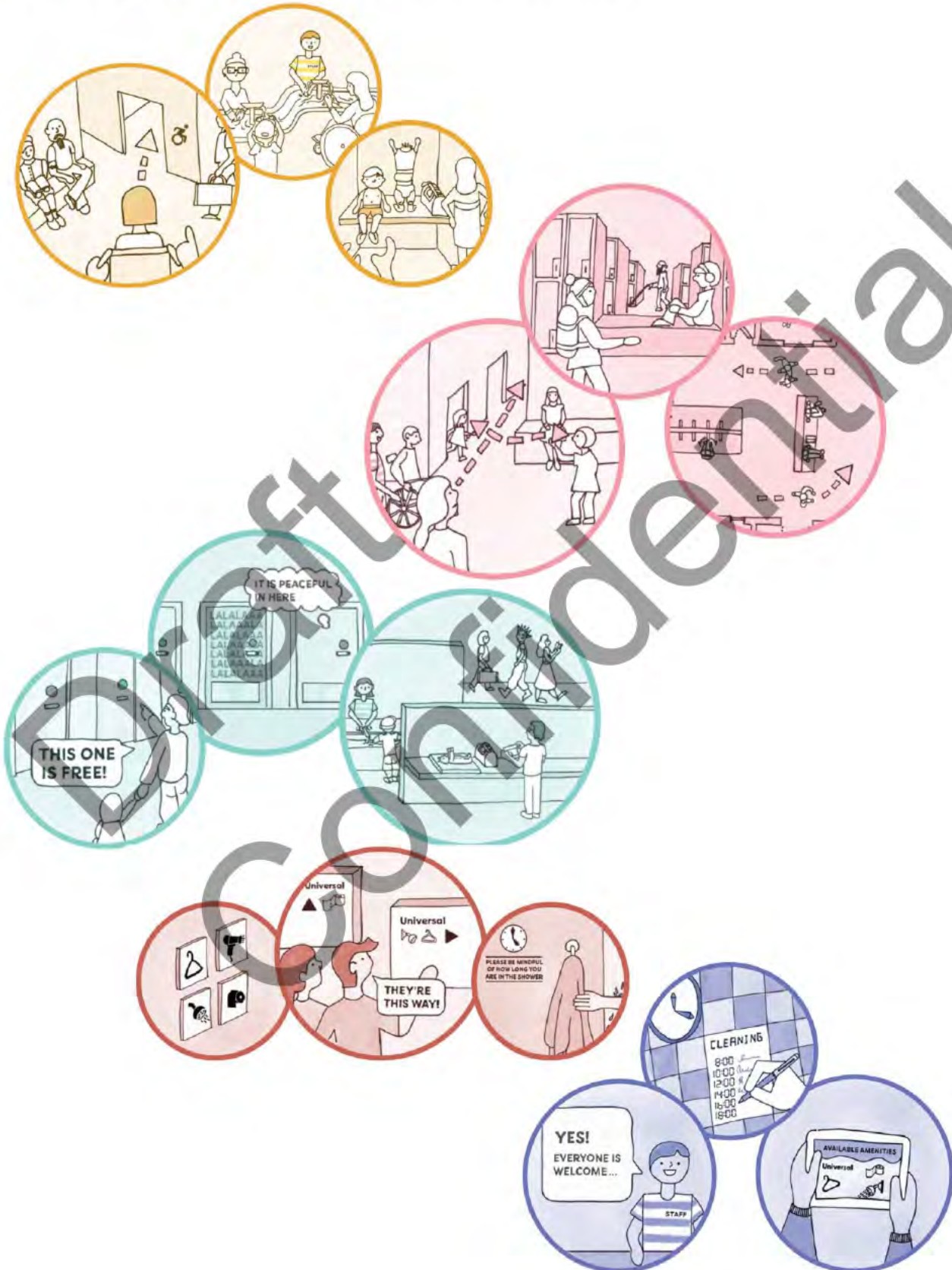


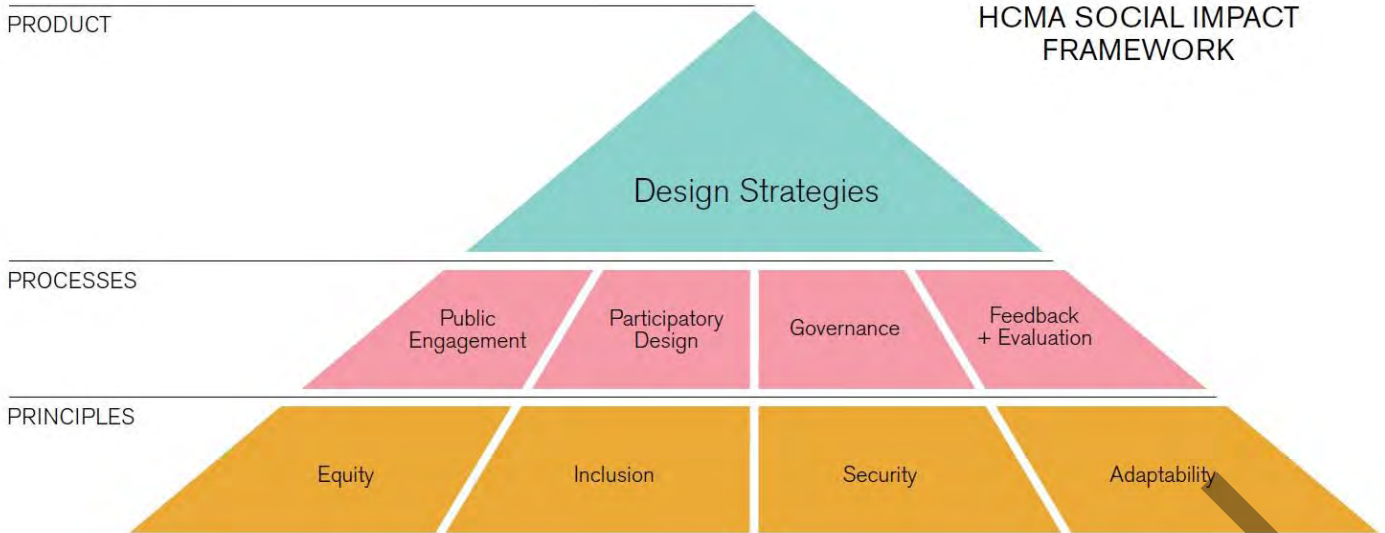
Inclusion and accessibility are critical priorities for the City of Regina and many policies and plans reflect the importance of providing programs, spaces, and opportunities that are accessible for everyone.



- Accessibility means looking at a facility holistically from the moment a potential user considers going to a facility to their experience arriving and entering the facility, to how change rooms are configured and finally, getting into the pool itself. There are numerous guidelines available that provide direction on how to design spaces to be universally accessible and municipalities are increasingly requiring universal accessibility as standard practice, which could be considered alongside the City's Adapted Recreation Plan coming forward to Council in the short term.
- Ensuring inclusion and accessibility means the physical, financial, and social needs of all individuals, including those with physical and cognitive disabilities, those experiencing social and/or cultural barriers, and those from all socioeconomic backgrounds.
- Strategies for reducing barriers to participating in aquatic programs include allowing caregivers or support workers free access to facilities, providing 'quiet' times in the pool for those with sensory sensitivities, providing training to staff on how to assist swimmers with special needs, offering 'free' days, and more.
- Inclusion is the conscious practice of actively engaging people of different backgrounds in a way that everyone feels respected, heard, encouraged, and valued. Inclusion involves bringing people together to share experiences and to build a shared understanding of different perspectives. Strategies for promoting inclusion include incorporating multiple languages into facility signage and written materials, providing culturally sensitive programming such as women only times for women practicing Islam or LGBTQ+ dedicated swim times, and even designing admission counters to be offset from main entries to create a more open and inviting first impression.
- Specific efforts should be made through design and programming to address social isolation and challenges faced by vulnerable populations such as seniors, those with disabilities, those experiencing homelessness, newcomers, and Indigenous communities.

- 1 Strive for **inclusivity** and **access for all**
- 2 Use **openness** to **enhance safety** through activity and shared monitoring
- 3 Create **privacy** where most needed to **enhance comfort**
- 4 Welcome everyone with **signage** that **emphasizes function** and is clear, inclusive, and positive
- 5 Ensure **supportive staff operations** and communications





4.1 Reconciliation

Reconciliation challenges the recreation sector to more than just acknowledge territorial lands or the Truth and Reconciliation Commission’s Calls to Action. Reconciliation provides an opportunity to learn more about the land and traditions of Indigenous peoples and cultures, as well as to foster new relationships that will lead to healthier individuals, communities, and partnerships. A renewed cultural awareness of the systemic nature of racism, inequity, and exclusion has emerged in recent years, revealing that municipalities have a key role to play in working to combat racism and foster inclusion/reconciliation in their operations. Advocacy groups have brought attention to the persistence of racism within Canadian communities and the need to create safe, inclusive spaces for all.

- The City of Regina has demonstrated its leadership and commitment to reconciliation in the design of māmawēyatitān centre that brings together many public and community services aimed at building trust and strengthening relationships with Indigenous communities.
- Providing dedicated space and amenities for Indigenous placemaking, ceremonies, and community gatherings is becoming more common within municipal facilities across Canada. Opportunities to advance reconciliation should be explored through facility design and programming.
- Incorporating Indigenous language and names, artwork, and storytelling can both broaden understanding and appreciation of Indigenous cultures, as well as demonstrate respect for the long history and traditions of Regina’s Indigenous communities.

The purpose of the Integrated Accessibility and Inclusion Strategy is to outline the vision, principles, social sustainability goals and strategies specific to the New Regina Indoor Aquatic Facility.

The project hopes to set specific accessibility and inclusion targets for meeting the goals under the following categories:

- Reducing Barriers
- Green Transportation
- Connection to Nature
- Social Capital
- Health & Wellness

5.0 Sustainability Best Practices

Sustainability is embedded in the mission of many municipalities in Canada, as we plan in service of our communities to and their future generations. Designing to manage environmental, social, and economic impact areas is imperative for the health and wellbeing of people and the planet.

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5.1 Introduction

Climate change has and will continue to impact the provision of recreation services in Canada. Pools have high energy and water use profiles and are especially intense to operate in northern climates. As well, community recreation infrastructure is considered generational; the new aquatic centre will have a long service life that must consider both the immediate impact of new construction, the impact of evolving operational conditions, and the changing needs of the community as it grows and changes in a new climate.

Municipalities are also grappling with shifting economic landscapes and ongoing impacts of the COVID-19 pandemic that have challenged revenues and placed expenditures under greater scrutiny. Sustainable building strategies and technologies can help to reduce the ongoing operating costs of pools and better support social needs in the long term. Regularly reviewing user fees can also help to balance the importance of affordable, accessible services with revenues needed to maintain high service standards.

As of June 2021, from the feasibility commencement, the project team has been actively engaged with City staff, community, and stakeholders to facilitate a sustainability strategy for the New Regina Indoor Aquatic Facility. The project team members have made sustainability recommendations that align with the city, province, and Canadian 2030 and 2050 climate targets. These recommendations also consider the current trends and best practices for sustainable design of community and natatorium spaces. The initial phase of work included two best practices workshops, first with city staff and then with the IAFCAC to determine preliminary strategies and goals that align with the policy. The emphasis of the workshops was on energy and emissions, recognizing that more detail and analysis for other impact areas will be required when the project progresses to schematic design. During this time, the City of Regina launched the Energy & Sustainability Framework with which this work supports and aligns.

5.2 Background

The work to date has been future focused; planning for climate resilience, energy and GHG reduction, and overall resource conservation, has been central at this early stage, with the goal of supporting a holistic approach to sustainability and tailored targets for energy efficiency, emissions reduction, social impact measures, water conservation, ecosystems and site development, sustainable materials, and indoor environmental quality. The project hopes to set specific sustainability targets forming the goals under the following categories to align with the forthcoming City of Regina Aquatics Framework as the project progresses into schematic design:

- Ecosystems, Watershed + Site
- Water Conservation
- Energy Efficiency and GHG Reduction
- Climate Resilience
- Sustainable Materials
- Solid Waste
- Food



The content of this chapter builds upon a review of:

1. City of Regina's existing environmental, social and economic development strategies.
2. Sustainability workshops held with City of Regina staff.
3. Existing best practices, certification schemes, and frameworks.

5.3 Current and Future Policy + Regulatory Contexts

The regulatory context for energy and emissions is evolving quickly in response to global climate commitments. It is important to evaluate the project within the current and expected future regulatory context, to plan for the future burden of risk, environmental impact, and potential opportunities. The new aquatics centre can support the city's Energy and Sustainability Framework seven "Big Moves" through thoughtful design and operations, ensuring that the project contributes to the goal of reducing greenhouse

gas emissions and energy consumption.

Canada

Canada's response to the Paris Agreement is the Pan-Canadian

Framework on Clean Growth and

Climate Change (the Pan-Canadian Framework), which sets out the national strategy to meet the Paris Agreement targets. Within the built environment section of the Pan-Canadian Framework, Canada aims to improve energy efficiency for both new and existing buildings. This includes a net-zero ready energy code to be adopted by the provinces and territories by 2030, energy labelling, and an existing building energy code. Equipment performance, including that used in typical building mechanical and electrical applications in buildings, will also face new energy efficiency targets. To support the Pan-Canadian Framework, emissions pricing has been introduced to incentivize greenhouse gas reductions. In provinces that do not have their own carbon tax scheme, this will be mandated by the federal government. In 2022 emissions pricing is \$50/tonne, rising by \$15/year, to \$170/tonne by 2030, assuming no rate increases. Considering the future cost of operating a building through its greenhouse gas intensity (GHGI), is something that all building owners must consider at the time of major infrastructure projects.

Saskatchewan

Saskatchewan has taken steps to reduce greenhouse gas emissions throughout all sectors and is focused on climate resilience. In 2017, the province launched Prairie Resilience: A Made-inSaskatchewan Climate Change Strategy (Prairie Resilience) which outlines climate resilience and mitigation strategies specific to Saskatchewan. The energy grid will continue to decarbonize and utilize carbon capture and storage technology, with a goal of reducing the carbon intensity of the grid by 40% by 2030. Currently in Saskatchewan, buildings account for 4% of provincial greenhouse gas emissions and as part of the strategy outlined in Prairie Resilience, Saskatchewan was the first province to adopt the 2017 version of the National Energy Code for Buildings (NECB) on January 1, 2018. We expect the trajectory of the NECB to reflect the urgency of energy emissions reduction in the 2020 revision and beyond.

Regina

In 2022, after several years of analysis and public consultation, the City of Regina launched the Energy &

Sustainability Framework (the Framework). The Framework contains 31 actions across seven “Big Moves” to reduce the city’s greenhouse gas emissions by 52% by 2030 and energy use by 24% by 2030. The seven big moves are as follows:

1. Building retrofits
2. Clean heating
3. Net-zero new construction
4. Renewable energy generation
5. Low-emissions vehicles
6. Increase active transportation and transit use
7. Clean and re-energize industry



5.4 Resilience + Future Climate Planning

Resilience strategies and planning for future climate conditions is critical for all new infrastructure as we navigate climate impacts in the immediate, medium, and long term. Impacts already being experienced in Regina include hotter days and more forest fire smoke events. Immediate and long-term climate risks identified by SOURCE for the most optimistic climate change scenario for Regina include:

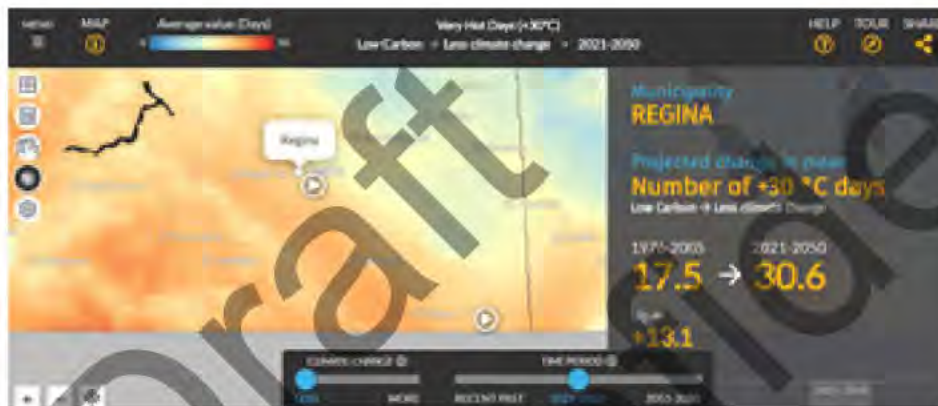
Heat: Increased number of very hot days (above 30°C), increasing from a recent average of 18 days/year to 31 to 54 days/year between 2021 and 2100 (see image X for the low carbon scenario).

Water: Increased precipitation in the winter, drought in the summer.

Air: Forest fire risk and smoke

The new aquatics centre and surrounding community will benefit from both reducing emissions from built infrastructure to mitigate the impacts of climate change, but also by considering the health and infrastructure related shocks and stressors

associated with these and other climate risks and designing the building to adapt to **2021** these future climate



conditions.

A comprehensive climate risk analysis as part of the schematic design phase is recommended to guide design decisions accordingly.

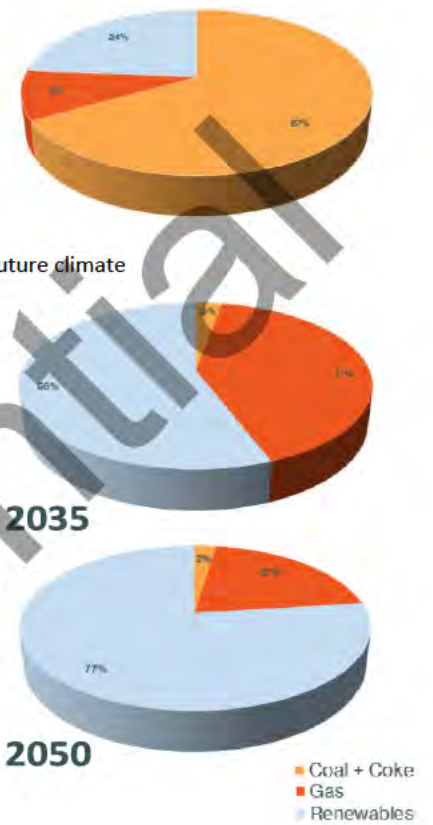


Figure 1 - Anticipated very hot days (+30° C), less climate change, 2021 - 2050

Figure 2 - Saskatoon Electricity Mix

5.5 The Grid Transition + Emissions Pricing

As we move away from fossil fuels to mitigate the impact of emissions, electricity grids around the world are transitioning away from coal and natural gas to renewable energy sources. In Saskatchewan, this transition is already underway; in 2017, the province launched Prairie Resilience: A Made-in-Saskatchewan Climate Change Strategy (Prairie Resilience) which sets out climate resilience and mitigation strategies specific to Saskatchewan. The energy grid will continue to decarbonize and utilize carbon capture and storage technology, with a goal of reducing the carbon intensity of the grid by 40% by 2030. At this time, we are less than ten years from a majority renewable energy fueled grid, so it is critical that new infrastructure evaluate service life of building systems relative to the grid transition timelines to understand the impact of both emissions and cost for both capital and operational time horizons. Moreover, we expect the existing buildings energy code to be in place within the decade, further encouraging adoption of high-performance passive strategies and optimized, electric-based building systems.

In 2021, according to the Canadian Energy Regulator, 67% of the Saskatchewan electricity grid was fuelled by coal, 9% natural gas and 24% renewables. But in 2035, the same source forecasts coal will represent only 3%, natural gas 41% and renewables 56%, drastically improving the proposition for electrification relative to emissions. Furthermore, renewables are expected to contribute 77% to the grid by 2050. For the new aquatic facility, it will be essential to consider this grid transition time horizon, coupled with the federal emissions pricing scheme, when evaluating building system options for both first cost capital investment and system replacement at the end of service life. To set this context, the chart below plots the cost of electricity and natural gas against the grid transition, accounting for the incremental federal emissions pricing over time. The chart helps to illustrate the case for electrifying now, to benefit from the lowest emissions and operational cost in the long term.

5.7 Embodied Carbon

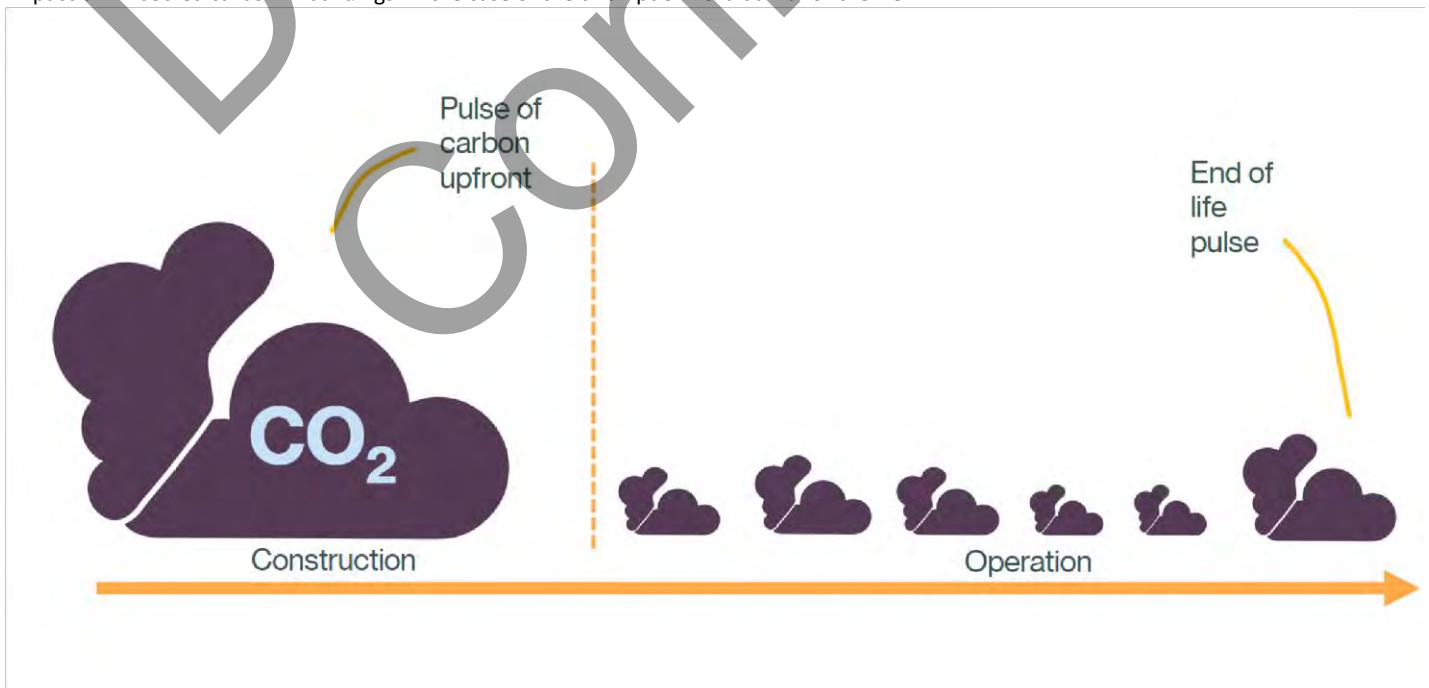
Embodied emissions in buildings are now understood to represent significant contributions to their full carbon impact. Most of the embodied carbon emitted from a building occurs before it is occupied, generated from the extraction, manufacturing and transportation of materials used to construct it. Also referred to as upfront carbon, it represents emissions we can only address before a project is built. This is especially significant as we try to eliminate emissions in the near term, to improve our chances of mitigating the impacts of significant climate change in the long term. We know the most significant materials contributing to embodied carbon profiles of buildings are the heaviest, typically structural materials. Impact varies significantly by project context and location, so evaluating a range of structural and other material options early in the design process can significantly reduce the impact of upfront carbon.

Building Re-use versus New Construction

Renovating and reusing building materials is a strong strategy typically employed to reduce the impact of embodied carbon in buildings. In the case of the two options evaluated for the New

Indoor Aquatic Facility, while no detailed life cycle assessment has been done, we expect the impact to be relatively similar for both the new construction and renovation options, simply because so much of the existing building components would require replacement in the renovation scenario. The carbon impact of demolition waste is expected to be slightly higher in the new construction scenario, but overall, would represent a negligible amount.

Moreover, any small, embodied carbon benefit that might be



realized in the renovation scenario, the limitations on program and operational efficiency may, in the long-term, diminish these benefits. If the space is not optimal operationally due to re-use constraints and a new addition or new facility is needed sooner than anticipated to address program limitations, more upfront carbon emissions will be generated, and the relatively small benefit of material reuse lost. We know from industry analysis and many Life Cycle Assessments on similar buildings, that a comprehensive effort to address the embodied emissions of new construction in the early design stages can reduce embodied emissions significantly.

We recommend an aggressive but realistic target of 20% reduction of CO₂e from baseline, by eliminating by replacing structural concrete systems with lighter materials such as wood, and specifying low carbon concrete for foundations and other strategic uses. Further reductions can be realized by assessing envelope systems, glass, and insulation.



As part of this feasibility, hcma has considered two scenarios:

1. **Retrfitting** a large portion of the existing facility to effectively the level of a new building, while maintaining and updating the base structure and adding a new addition
2. **Demolition** of the existing facility, with the exception of the field house, and pursuing a new build.

5.6 Operational Cost Comparison between Electric + Gas-based Systems

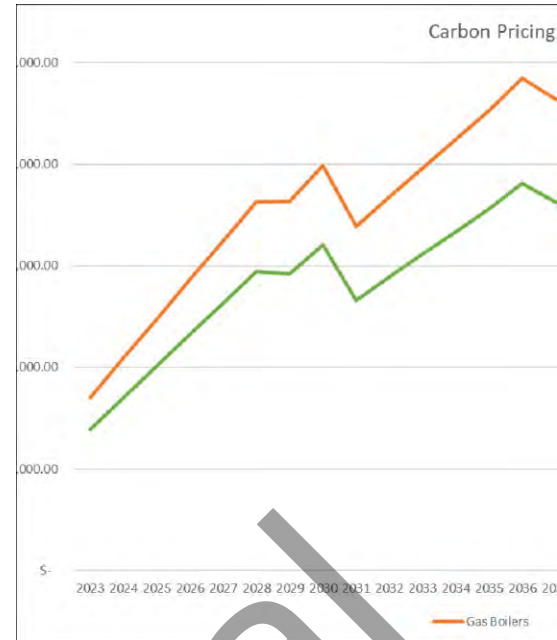
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Chart 1: Expected emissions cost of natural gas and electricity in

Saskatchewan, accounting for electrical grid transition from 2023-2050.



This example illustrates the cost of emissions pricing for electricity using an air-source heat pump system (ASHP) and natural gas-based system, using energy demand data from a similar recreation and aquatic centre. Grid emissions factors for Saskatchewan were applied using NRCAN data available to 2035. Beyond 2035 we applied applicable emissions factors using representative provincial grid data from other provinces.

Emissions pricing in 2023 will be \$65/tonne and will continue to rise annually by \$15/ tonne to a maximum of \$170/tonne by 2030. We have assumed a similar incremental emissions price increase beyond 2030 to level off at \$260/tonne in 2035.

Currently, gas boilers have the lowest carbon price. However, as the grid decarbonizes over time we expect to see comparable costs for electricity and natural gas as soon as 2030. By 2036, electricity drops significantly in cost compared to natural gas, as the grid further decarbonizes, per the Canadian Energy Regulator's projected fuel mix for the provincial energy grid. Further support for this scenario is documented by the recent Canada Green Building Council Report A Roadmap for Retrofits in Canada (CHECK REF) that carbon intensive grids such as Saskatchewan and Alberta will decarbonize enough in the next ten years to make electrification in the near term cost competitive with natural gas systems, when considering emissions pricing.

5.8 Funding Opportunities

The evolving regulatory context to manage and reduce emissions is supported by a range of funding and grants to encourage low energy and low carbon building and infrastructure. The Pan Canadian Framework commits funding from the federal government in support, and the 2022 federal budget included \$2.2 billion over seven years starting in 2022-23 to expand the Low Carbon Community Fund. One hundred million dollars of that allocation is set aside to support green building. Accessing these funds typically requires consideration of future climate conditions, demonstrated reduction of greenhouse gas emissions and aggressive energy reductions, along with leading inclusive and accessible design strategies, determined through engagement with community members and local Indigenous groups.

We recommend identifying funding sources early, and aligning design process, performance targets, and rating systems accordingly. Select grant funding and financing opportunities that support reduction

in greenhouse gas emissions and energy currently available or anticipated to reopen in the coming months include but are not limited to:

Green and Inclusive Community Buildings Program:

This incentive program supports projects that reduce greenhouse gas emissions, conduct climate risk assessments, and focus on inclusive and accessible design. The Canada Green Building Council’s Zero Carbon Buildings design certification is required for successful projects. This program is anticipated to re-open in the coming months.

Federation of Canadian Municipalities (FCM) :

FCM has various grants and loan programs that support reducing energy consumption and greenhouse gas emissions.

Anticipated federal funding:

In March 2022, the federal government announced the 2030 Emissions Reduction Plan, which creates a roadmap to achieving net zero emissions by 2050. The plan includes anticipated funding for existing building retrofits and high-performance new construction projects that significantly reduce greenhouse gas emissions and energy use.

5.9 Building Rating Systems

Green building rating systems can be very useful tools to advance project performance goals. Rating systems such as LEED and Passive House are often associated with sustainable design outcomes, and how successful a project may be relative to a perceived or desired threshold of performance. While rating systems offer many benefits, the main value is a framework for accountability. Formal, third party verified rating systems, ensure performance, and keep stakeholders accountable from project start to finish.

Rating systems are most effective if used as tools and methods to advance a project’s vision rather than to set or define the vision. Rating systems are not contractual; some have

mechanisms to respond to site and social context, but in general, they are composed of a set of universal performance metrics with defined methods of measurement. This aspect is a strength, it makes for clear and tested methods of assessment and offers tools that contribute to the rigour we need to understand impacts of buildings but applying them without understanding the nuance of local context and performance priorities of a project, can lead to weaker outcomes. Successful projects set aggressive performance goals, then apply the assessment methods, tools, and process with a rating system to advance them strategically. Rating systems offer a range of tools and methods; many address only the impact category such as Passive House and the

Zero Carbon Building Program (ZCB), others are more comprehensive such as LEED. Passive House offers strong process, methods, and tools to guide design toward very low energy, highly comfortable, durable building but does not address location impacts, site conditions, ecological systems, or health. LEED offers more comprehensive approach but is less focused with more options, and stepped thresholds for evaluating performance. There are also systems that focus exclusively on human health and accessibility, including the Rick Hanson Foundation Accessibility and Certification (RHFAAC®) program and the WELL Building Standard (WELL®). Successful high performing projects are pursuing multiple certifications to ensure comprehensive performance and benefit



from the strong recognition and market traction. Many aquatics centres across Canada are pursuing one or more of these rating systems to track performance, verify outcomes and benefit from recognition. Moreover, many grant and funding opportunities are tied to green building rating systems, to demonstrate greenhouse gas emissions reduction, energy efficiency, high quality accessible and inclusive design.

Relative to the cost of implementation and certification, rating systems offer exceptional value. As code requirements become more stringent and local commitments to

performance more aggressive, the cost gap to meet and exceed the minimum requirements of voluntary rating systems closes. Saskatchewan's minimum energy code and Regina's climate commitments are already aligned with strong performance against the most applicable voluntary rating systems including ZCB, LEED, and RHFAC, meaning the cost impact of pursuing them are likely to be relatively insignificant for the benefit gained.

While actual costs vary by location, market, typology, performance level, ranges are

provided here for select third party rating systems, for reference and planning purposes only:

Rating system	Additional Capital cost to pursue
Passive House	~10%
LEED	~0-5%
RHFAC	0-1%
ZCB	<

5.10 Recommendations

Regina's Energy and Sustainability Framework demands new infrastructure be future focused. Below are the recommendations we have for the City of Regina's New Indoor Aquatics Facility:

Design for the Future

- Conduct a climate risk assessment early in Schematic Design to identify anticipated shocks and stresses. Anticipated resilience considerations include planning for use as a cooling centre during extreme heat, optimized air filtration systems including minimum MERV 13 on outdoor and recirculated air to manage forest fire smoke events, and water re-use strategies to serve landscape irrigation in the driest months, to support the cooling effects of healthy vegetation around the building.
- Evaluate design strategies against acute and chronic climate stressors, in the short, medium, and long term.
- Require energy modelling to account for future climate conditions of 2050 and 2080.
- Consider community needs during acute climate events such as extreme heat/cold/smoke including multiple, overlapping conditions, such as Covid-19, a smoke event and extreme heat.
- Evaluate cost over the short, medium and long term, considering the value of investment over the life of the building, community benefit. Require life cycle costing to account for results of predictive energy and emissions modelling future energy costs and pricing.
- Go beyond the code (Supports Big Move #2): Saskatchewan has adopted and enforce the National Energy Code for Buildings (NECB) 2017 and we recommend exceeding this code by at least 25%. This will support a grant application to the Green and Inclusive Community Building program once it reopens and pursuit of the Zero Carbon Building Standard. Depending on timing, the new NECB 2020 may be enforced by the time of building permit. Exceeding the current will likely facilitate meeting a new energy code.
- Require an all electric system (Supports Big Move #3): Grid decarbonization is expected to reach a point where electrification is economically beneficial when considering emissions pricing (<10 year). Additionally, mechanical equipment that is available to the market today will continue to change as emissions standards from the In-Canada Framework are enforced, potentially limiting availability of fossil-fuel-based systems in the future. We recommend a heat pump based system for this project.

Set Performance Targets

- Set aggressive but attainable performance targets for TED, TEUI, GHGI and air tightness and require reporting on them at major design milestones.
- Require water reuse. Aquatics infrastructure has high and constant potable water use. Reusing water from both process and fixtures can eliminate significant demand for irrigation and toilet flushing, as well as offer heat recovery opportunities.
- Set aggressive but attainable performance targets for all impact categories per the City of Regina Aquatics Framework including Ecosystems, Watershed + Site, Water Conservation, Energy Efficiency and GHG reduction, Climate Resilience, Sustainable Materials, Solid Waste, Food. Align the requirements with a verification strategy.
- Verify performance with Green Building Certification (Supports Big Move #2): Pursue the Zero Carbon Building Standard - Design certification at a minimum, along with LEED and RHFAC to maximize the benefit of third-party verification and opportunities to align with grant and funding opportunities.

Passive First

- Apply a passive first approach for design decision-making (Supports Big Move #2): Optimize the architecture for best performance (orientation, window-wall ratio, shading, heat gain, natural ventilation) to minimize the intensity of active systems to meet energy demands and manage comfort.
- Maximize and optimize use of available natural resources. Use building performance analysis direct design strategies. For example, model the impact of solar heat gain to optimize the benefit and manage comfort. Understand the potential to benefit from solar exposure throughout the year to optimize the benefit of on-site renewable energy generation through PV or solar thermal systems.

Optimize active systems

- Use a heat-pump based system, and eliminate fossil fuels completely.
- Install on-site renewable energy generation (Supports Big Move #4): Regina has some of the best solar photovoltaic potential in Canada and we recommend investigating a solar-PV integrated roof.
- Consider InBlue pool filtration technology (Supports Big move #2): InBlue pool filtration is relatively new to North America (used at the City of New Westminster's tēmāsewət̓x̓Aquatic and Community Centre). InBlue uses regenerative media pool filters, which have a lower water consumption than traditional filtration system. Lower water consumption means less energy is needed to heat the pool.

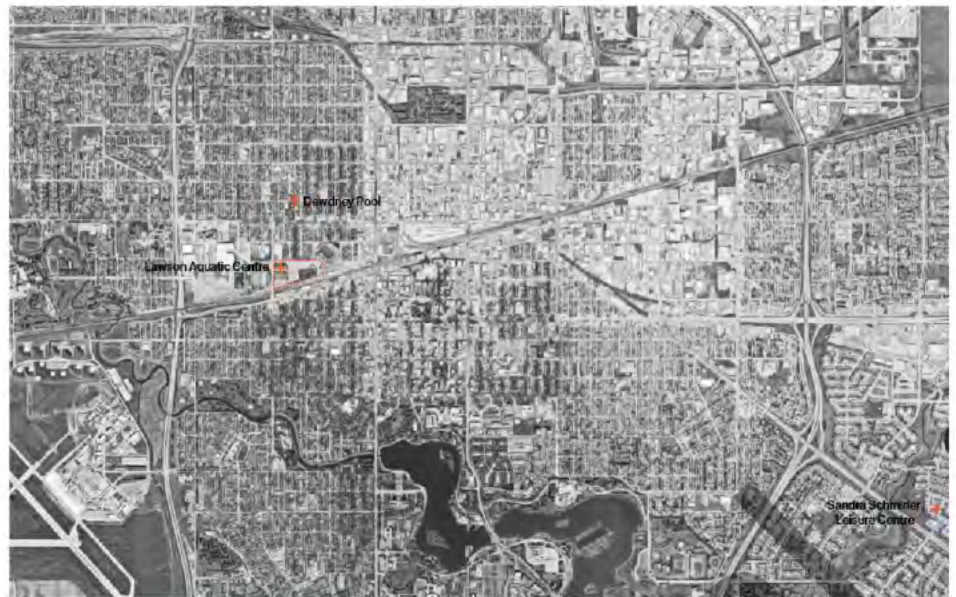
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6.0 Context, Site, Existing

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City Aquatic Facilities

- + Indoor Pools
 - Lawson Aquatic Centre
 - Dewdney Pool – this is not an indoor pool...
 - Sandra Schreder Leisure Centre
 - University of Regina Swimming Pool



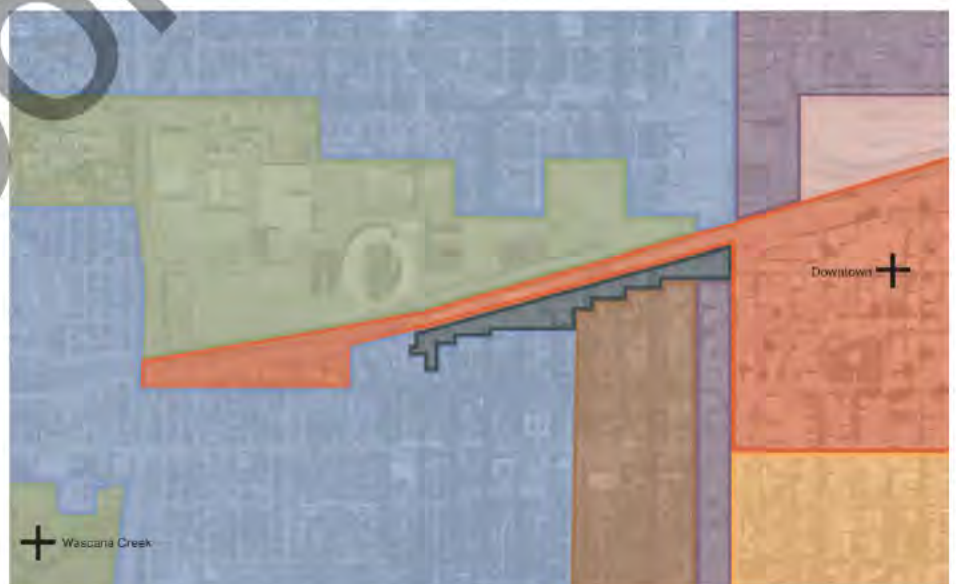
Neighbourhoods

- Central Zone
- West Zone
- South Zone
- East Zone
- Community Associations – these are not community associations. No CA existings in these areas.



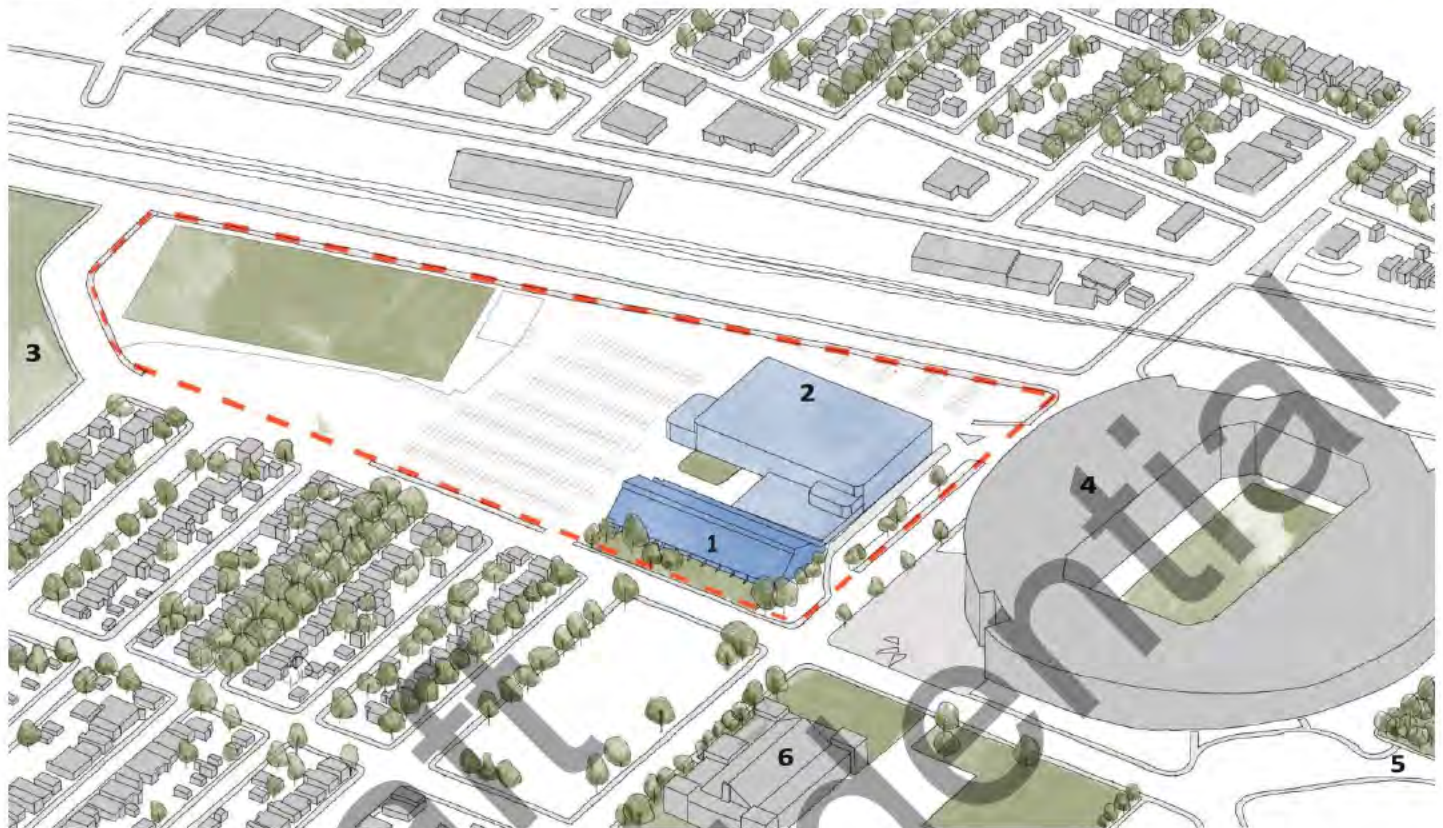
Zoning

- Low Density Residential
- Recreation
- Commercial
- Mixed Commercial
- Medium Density Residential
- Large Format Commercial
- High Density Residential
- Light Industrial



6.1 Context

The green space around the immediate site serves a variety of functions in the community. Confederation park to the West of The Mosaic Stadium has cultural and historical significance acting as a place for gathering and displaying First Nations art around the perimeter. Urban green space exists both around the Regina Armoury and Lawson Aquatic Centre, and an athletics field on the East side of site acts as a place for community outdoor recreation.

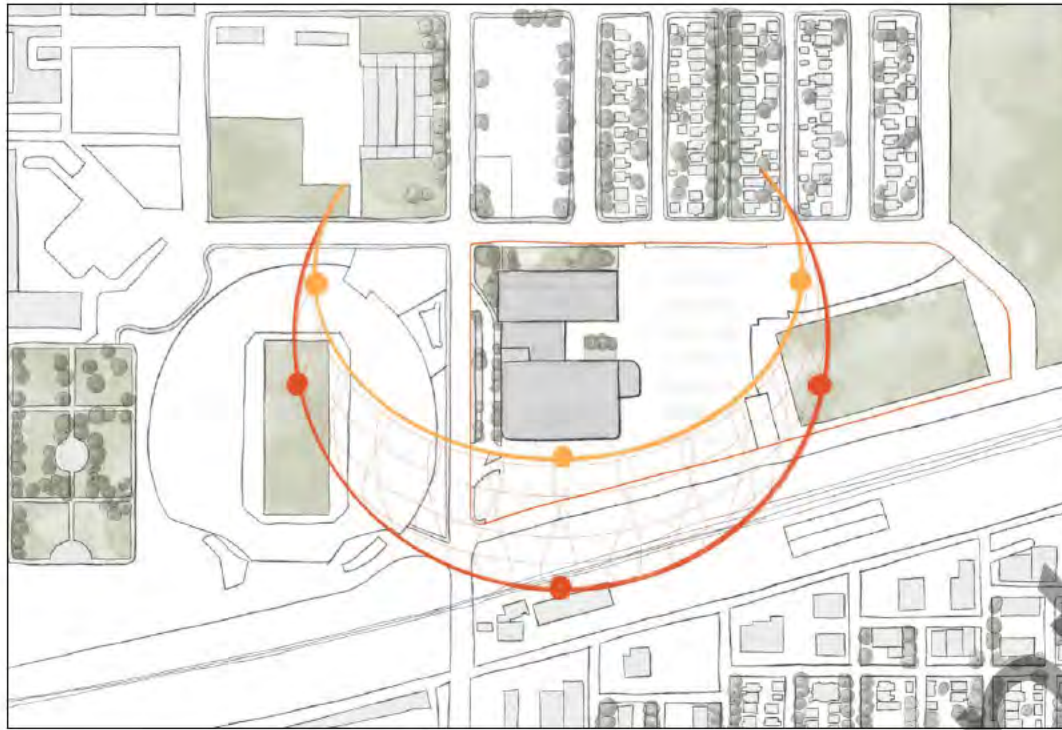


Surrounding Buildings and Green Space

The Regina Indoor Aquatics Centre is to be located on the current Sportplex site in Regina, North-West of the city centre and North of the Wasana Lake and River.

- 1 Lawson Aquatic Centre
Existing aquatic centre on the North side of the site.
- 2 Field use
Existing facility on the South side of the site.
- 3 Taylor Field
Old site of Mosaic Stadium located East of the site to be developed.
- 4 Mosaic Stadium
33 000 capacity football stadium
- 5 Confederation Park
Culturally and historically significant. Space for community gathering with First Nations art and historical displays
- 6 The Regina Armoury
Federal Heritage Building located North West of the site.

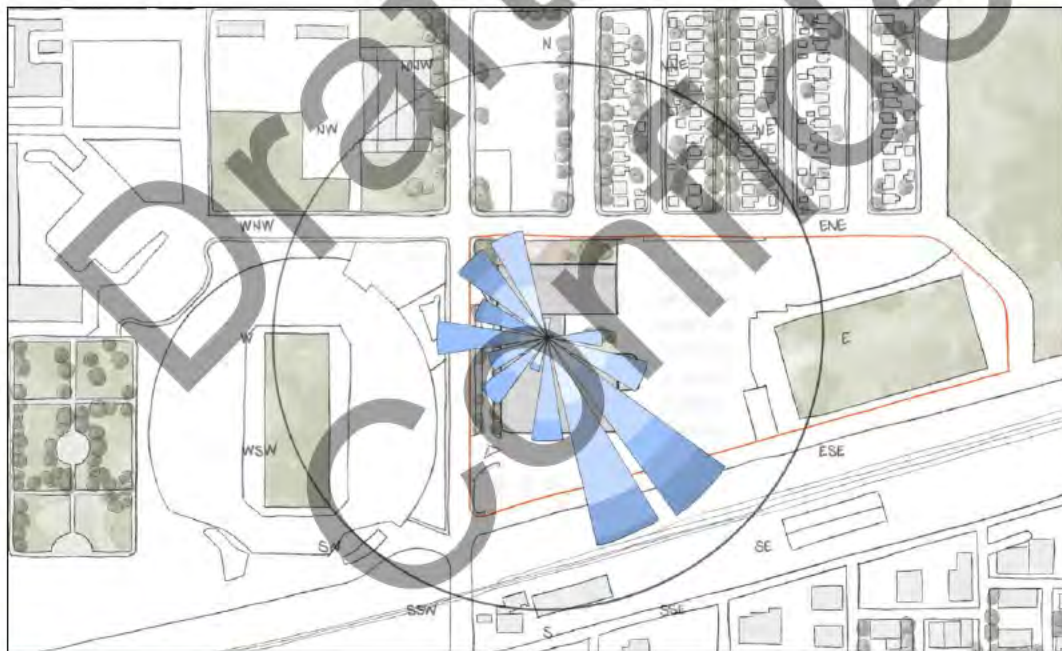
6.2 Environment



Solar Study

- Summer Solstice
- Winter Solstice

The site receives significant solar exposure in both the summer and winter months. The surrounding building layout to the north allows for limited shading and solar blockage.



Wind Study

East winds as well as North West, creating significant wind tunnel. The future design will attempt to address the current wind forms and harness it for cross ventilation or block it through the building orientation and form.

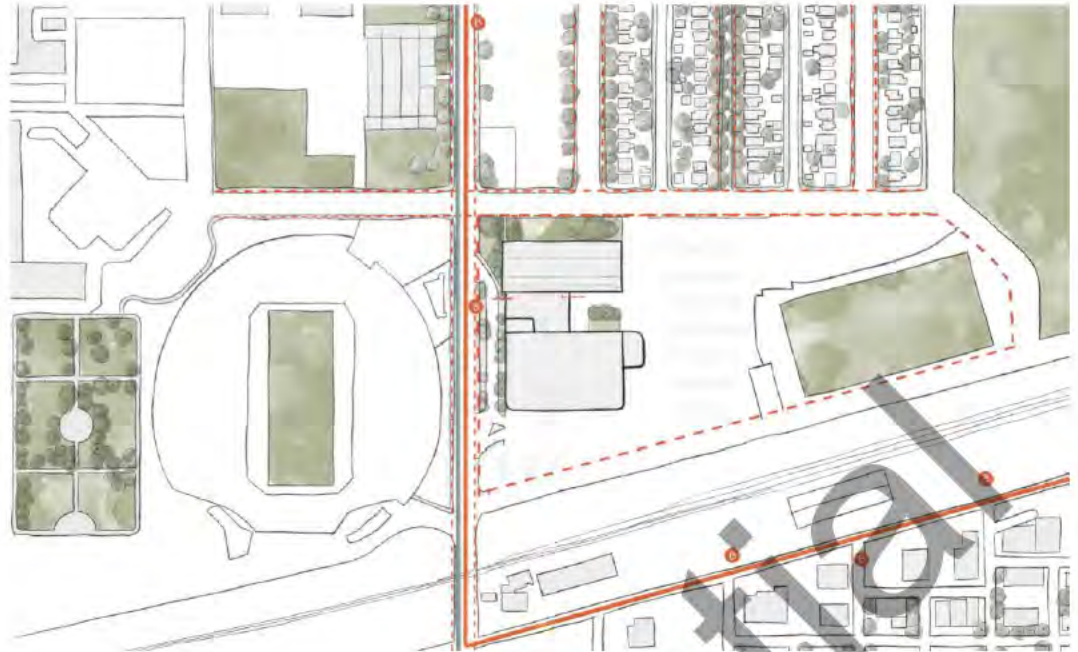
- Mean speed
- 30 km/h - Peak Frequency
- SE - Peak Direction
- % calm (what calm is defined as)

25-30 20-25 15-20 10- 5-10 15km/h

6.3 Access

Public Transit & Pedestrian Access

Bus routes run down Elphinstone St as well as Saskatchewan Dr, creating a strong pedestrian presence from the South side of the site. The North side also has a strong pedestrian presence due to its adjacent residential neighborhood and the Mosaic Stadium Plaza. Currently no bicycle lanes or friendly roads exists around the site.



- Bus Route
- B Bus Stop
- Bikeway
- - - Pedestrian Route
- Pedestrian Access Points

Vehicular Access

The existing facility's main artery is Elphinstone St. where the primary vehicular access and drop off is. Secondary entrances into the site and parking are off of 10th ave.

- smaller N/S residential roads terminate at site
- Elphinstone St. separates Mosaic + Site



- Vehicle Roadways
- Vehicle Access Points
- Loading Zone
- - - Site Boundary
- Pedestrian Access Points

6.4 Existing Lawson Aquatic Centre



Plan: Level 1

Amenities & Features:

1. 65m Lap Tank
2. Above ground hot tub & teach pool
3. Dive tower 1m, 3m, 5m, 7m and 10m
4. 300 spectator seats
5. Fitness- Strength & Conditioning
6. Fieldhouse
7. Tennis, badminton, basketball courts
8. Oval track, fitness, cycling, studios

Existing Lawson Aquatics Centre Assessment

Part of the due diligence conducted during the planning process included an assessment of the existing Lawson Aquatics Centre. This was done to understand the current state of the existing infrastructure in order to assess the suitability for expansion and costs required to sustain the existing structure over the long term. The assessment report, found in the appendix, is not an exhaustive assessment of the building but is intended to provide an overview based upon on-site visual observation, review of existing reports, interviews and discussions with the City of Regina Facilities representative(s), and application of Best Practice Design for Aquatic Facilities Including Accessibility. The following points summarize the findings of the report, the full report can be found in the Appendix.



A Best Practice Shortfall...

The LAC would not qualify for the Rick Hansen Foundation Accessibility Certification (RHFA) because it does not meet the prerequisite of having all public areas of the building universally accessible. This would necessitate the installation of an elevator to the mezzanine level and a strategy to obtain universal access to the timer's/judge's box.

The main tank utilizes a gutter system that is not unusual in older facilities, but it does make accessing the main tank a significant challenge even for able-bodied swimmers. Non-ramp access with dignity is possible to the main lap tank.

The hub and teaching pool are not accessible without the use of a lift. The men's change room is dated and does not meet the ideal ratios of contemporary models for inclusive design. Best practice would have 60% universal change facilities with 40% designated male and female.

Discipline	Capital Expenditure Forecast Summary			TOTAL
	Year 1	Years 2 - 5	Years 6+	By Discipline
Architecture	\$ 735,000.00	\$ 414,200.00	\$ 2,690,000.00	\$ 3,839,200.00
Building Envelope	\$ 15,000.00	\$ 180,000.00	\$ 3,769,000.00	\$ 3,964,000.00
Structural		\$ 2,000,000.00	\$ 150,000.00	\$ 2,150,000.00
Mechanical	\$ 265,000.00	\$ 2,282,500.00	\$ 1,950,000.00	\$ 4,497,500.00
Electrical	\$ 225,000.00	\$ 313,000.00	\$ 7,500.00	\$ 545,500.00
Civil - short and long term infrastructure replacement		\$ 30,000.00	\$ 500,000.00	\$ 530,000.00
Civil- Parking lot renewal (replacment cost)			\$ 2,366,000.00	\$ 2,366,000.00
Total Per Year	\$ 1,240,000.00	\$ 5,219,700.00	\$ 11,432,500.00	
TOTAL ALL DISCIPLINES				\$ 17,892,200.00

The Lawson Aquatics Centre has been well maintained by the City of Regina with ongoing investments in building infrastructure and upgrades to specific areas related to programming and architecture.

The facility looks its age despite ongoing maintenance and upgrade efforts. Every discipline included in the report note that ongoing investment yearly will be required to prevent further deterioration, and some larger investments made to bring components up to current codes, or to replace end-of-life elements.

There are no major structural issues with the existing facility however there are some significant mechanical upgrades required despite the recent remedial work undertaken. As well, there is currently a risk that various electrical components could fail, necessitating a shut down of the facility until the fix could be completed. Replacement of mechanical and electrical systems with more modern and efficient equipment as end of life is reached will recognize an improvement in energy use.

The building envelope, however, presents a significant challenge given the lack of envelope continuity. The building also does not present to the public a contemporary architectural expression of a community gathering space and hub. It is a "black box" that does not engage the street or function as a beacon to the local community or the city. Coupled with the Field House the buildings are not welcoming nor do they advertise the range of activities that occur within through transparency. These are important considerations but are more philosophical in nature and have therefore not been included in the cost estimates.

The above table summarizes the expected costs associated with salvaging the existing LAC as part of the new indoor aquatics facility project.



7.0 Vision & Principles

Regina's Indoor Aquatics Facility is an inclusive, accessible and sustainable community hub and tourist destination – that creates vibrancy and improves quality of life for Regina residents and visitors for generations to come.



The project background, engagement findings and trend and best practice will provide guidance and influence related to what a new indoor aquatics facility in Regina should include and what needs it should meet. The Aquatics Review and Supplemental Demand Report, found in the Appendix, provide detailed information related to design and operational considerations related to equity and inclusion, climate, and public health.

Based on all information gathered to date, the following vision and principles have been developed to explain the strategic intentions of a new indoor aquatics facility and how it

should be designed and ultimately operated. The vision and principles are key in making sure that the City's investment is optimized and that it can be leveraged to make maximum impact in the local area as well as the broader City and Region.

The new indoor aquatics facility will have a direct role in the development of individuals, communities, the economy and the social infrastructure in the city. It will be a best-in-class aquatic facility offering opportunities for recreation, leisure, therapy and competitive aquatic sports. The pools are to be complemented by robust support spaces – including well designed and supportive staff areas, safe inclusive and forward looking

changing room design strategies and extended dry land spaces such as fitness, wellness, and health programs.

The new indoor aquatics facility will be a hub of wellness and social connectivity. It will be fully accessible (beyond codes) and inclusive of all groups. It will contain spaces and amenities that support inclusion and reconciliation. It is anticipated that there will be commercial and retail partners. Finally, this project does not end at the building envelope but includes outdoor aquatic components and site infrastructure and planning to support the larger site developments and community connections.

A new Aquatic and Community Centre should provide a unique opportunity to develop a community asset that will:

- Be a **multi-faceted destination** and **community hub** that will serve residents and visitors of all walks of life for decades to come.
- **Improve the quality of life** for all residents and make Regina an attractive place to live, work and play. The facility will provide benefits of being located in the heart of North Central
- Support **excellence in competitive aquatics** with a facility that can host National competitions
- Achieve **ambitious sustainability targets** and be a cornerstone of the City's commitment to be 100% renewable by 2050.
- Create a **complete civic precinct** with enhanced vehicular, cycling, and pedestrian connections.
- Expand the city's **outdoor amenities** which support open air community and sports events
- Be an exemplary facility in providing **enhanced inclusive & accessible environments**
- Demonstrate leadership and commitment to **reconciliation**



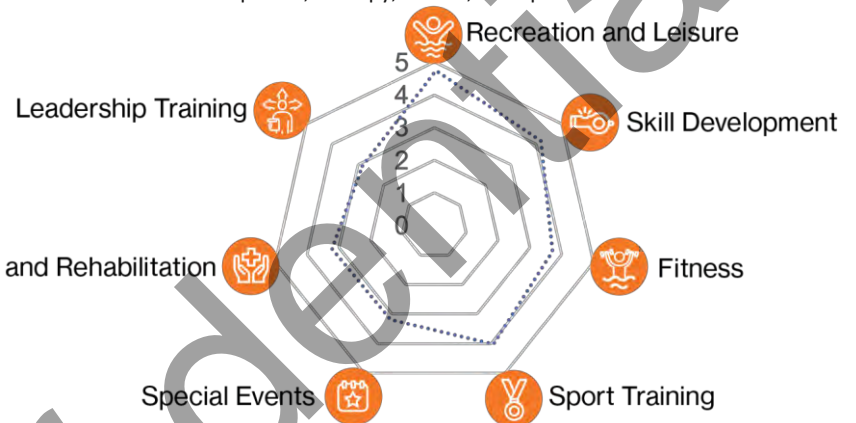


8.0 Program

8.1 Programmatic Needs

The Aquatics Review and Supply and Demand report, found in the Appendix, provided important information related to the strategic underpinnings of a new facility (as demonstrated in the vision and guiding principles). The report also provides insight as to the optimal program balance between the seven activity types. Throughout the report, a radar diagram is used to show the balance between the different activity types that each influence suggests. The report culminates in the following overall balance.

As can be seen, there is pressure for this new facility to meet demands for all activity types, including almost an equal focus on recreation and leisure and sport training elements as well as substantial attention to skill development, therapy, fitness, and special events.



This balance has been translated by the design team into the following four program options.

Although each of these options would lead to enhancements of indoor aquatics in the city and further meet the vision, principles and broader community goals outlined in this study, it is recommended that the Optimized new build option be pursued by the City. Based on this recommendation, the following concept designs, capital and operational costing, and economic impact analysis have been completed.

8.2 Program Components

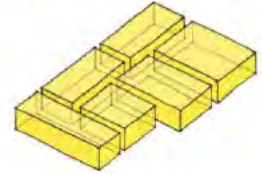
The spaces and activities provided by pools can enhance physical and social health and wellbeing, contribute to community and economic development, and address challenges related to physical inactivity, mental health, chronic conditions, providing safe spaces for reconciliation and inclusion initiatives, and facilitating community cohesion.

Deciding on a proposed aquatic program can be a complex process, being based on a number of factors that range from demand, future needs and emerging trends, as well as a community's identity and aspirations. The City's approach to assessing indoor aquatics opportunities is focused on seven different functions that can occur in a pool setting including:

1. Front of House; A group of administrative spaces that includes reception, offices, meeting and staff rooms.
2. Fitness; Dedicated fitness studio containing cardio and weights machines as well as free weights, and stretching areas.
3. Competition & Training; Lane swimming and structured aqua aerobics, fitness classes and aquatic sports.
4. Leisure & Recreation; Swimming for fun with specialized amenities like waterslides, wave pools, lazy rivers, play equipment, etc.
5. Rehabilitation; Therapy and rehab for those with varying abilities and those recovering from surgery or injury, zero entry access and some assisted support for access.
6. Aquatic Support & Amenities; spaces that support aquatic activities including Change rooms, Diving Boards, Spectator Seating and Staff support spaces.
7. Community & Shared Space; Multipurpose, Gymnasium and cultural spaces.

For this feasibility study, all research and engagement focused on uncovering which of these programs are to be enhanced as part of the new facility design. The Option Comparison Table for the Aquatic and Community Centre in Section 8.4. There are 4 options presented; Functional, Optimized, Enhanced and Renovate + Addition. Each highlight the various scales of program components, cost and opportunity for future growth.

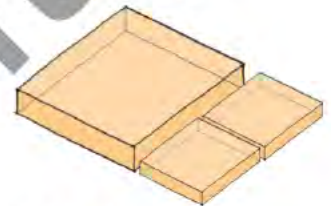
Front of House



Administrative

- Receiving, Admissions & Cashier
- 4x Admin offices • Admin open workstations :
- 20x admin staff open workstations • 5x facility staff o.wsts.
- 25 lifeguards
- Copy/Supply
- 1x Staff lounge
- 1x meeting room
- 1x Bookable shared multipurpose room

Fitness

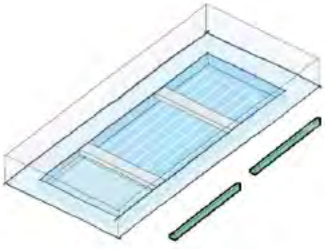


Strength & Conditioning

- Cardio machines
- Strength machines
- Stretching / balls
- Fitness open area
- Consultation / testing room
- Convenience accessible WC x3
- Group fitness storage
- Fitness equipment repair room
- 1x Large fitness studio (cap. 40)
- 1x Small fitness studio (cap. 20)

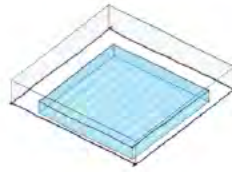


Competition & Training



Lap Tank

- 25X50m, 10 lanes
- 10x Long course lanes
- Bulkhead - 20 shortcourse lanes
- 10x - removable starting blocks
- 1x water polo field of play
- Aquacise/lessons area



Warm-up Tank

- 50m, 10 lanes
- International level Fields of Plays :
- - 1x water polo
- - Synchro/Artistic swimming
- - Diving platforms (1m, 3m, 7.5m, 10m)



Deck

- Judging/Officials Area
- Secretary/Medical table
- Press stand
- Medal ceremony area
- 400-500x Coaches/Athlete seats
- Athletes hot tub
- Sports group dedicated storage
- Access to classroom(s), lifeguard & first aid room

Leisure & Recreation

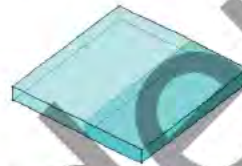
Leisure tank

- Zero-depth entry
- 1x Tot-zone w/ water feature toys (0-5)
- 1x Lazy river
- 3x 25m swim lesson lane (5-12)
- 1x Accessible slide
- 1x basketball hoop
- 1x Climbing wall



Hot Zone

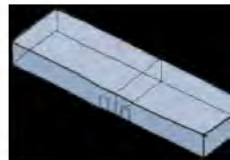
- 1x Hot tub – Adult
- 2x Steam Room(s)
- 1x Sauna
- 1x Plunge (cold)



Water Park & Exterior Leisure

- 3x High slides
- Extreme ride ()
- 1x T /raft/drop slide(s)
- Interior/ Exterior lazy river
- Sun deck w/ lounge chairs
- Wave pool / Moving water
- Fire pit w/ Lounge chairs
- Concession (indoor/outdoor)
- Parent supervision area
- Access to leisure/toy storage, classroom(s), lifeguard & first aid room tank

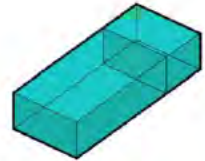
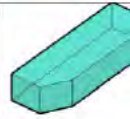
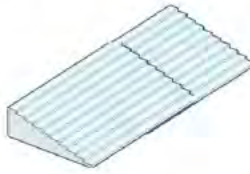
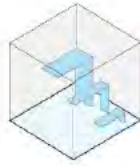
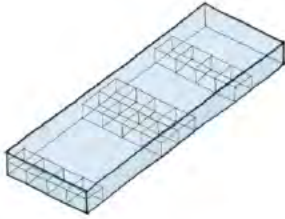
Rehabilitation



Therapy & Wellness

- 1x Hot tub – Therapy
- 1x Multipurpose room – Rehabilitation room

- Rest/Wellness deck area



Change Rooms

- Universal change
- Female change
- Male change
- Team / group change
- Staff change

Aquatic Support & Amenities

Diving

- Diving boards, platforms, and dive Spectator seating
- Diving boards – springboards mounted on diving stands with movable fulcrums
- Dry-Land Training
- Landing pads – stacked or foam pits
- Trampolines
- Crash mats
- Somersault boxes
- Stretching mats

Spectator Seating

- 1200-1500 towers 1m, 3m,

Other Support

- Media box
- Aquatic classroom
- CoR Sport program storage
- CoR Leisure program storage
- User group storage
- First Aid room
- Lifeguard Room
- Bulkheads & provisions of timing equipment, starting blocks
- Scoreboards / video-boards

Community & Shared Space



Multi-purpose rooms

- Indoor Play ground
- Parents Viewing Area
- 2x large multipurpose
- 1x small multipurpose
- 1x Child minding
- Social hear & entry atrium, community space
- Cultural / ceremony space
- Elders room
- Community kitchen

Cultural Space

Washrooms

- Accessible Washrooms
- Gender neutral private stalls & shared vanities
- Outdoor Washrooms / Changerooms

Gymnasiums

- Gymnasium
- Basketball court
- Court Sports
- Lounging area for viewing



Lease Spaces

- Retail / business area(s)
- Not-for-profit lease space
- Concession / food & beverage area(s)
- Complimentary professional lease space
- Major program lease spaces

8.3 Program Recommendation

	Renovate + Addition	Functional
Competitive	<p>"National"</p> <p>8-lane 65m warmup tank (Lawson tank)</p> <p>10-lane 50m competition tank</p>	<p>"Regional – National"</p> <ul style="list-style-type: none"> 10-lane 50m competition tank 10-lane 25m dive tank
Leisure	<p>enhanced waterpark (35,000-40,000sf)</p> <p>Additional marquis experiences not possible in functional waterpark (wavepool)</p> <p>More social space for longer stays</p>	<p>Functional waterpark</p> <ul style="list-style-type: none"> 30,000-35,000sf At this area, some features not make sense (wavepool)
Community	<ul style="list-style-type: none"> Community amenities exceed current and meet future demands 	<ul style="list-style-type: none"> Community amenities current and fall short of future demands
Future Growth	<p>Meets future demand</p>	<ul style="list-style-type: none"> Meets current demand
Cost	<p>Approx. \$144.7M Construction Cost</p> <p>Higher operational costs</p> <p>Higher Life Cycle cost</p>	<ul style="list-style-type: none"> Approx. \$110M Construction Cost ~25% less than Option 1 Optimized operation
Pro/Con	<p>Planning restrictions inherent in renovation and addition present significant operational challenges</p> <p>Does not align with urban planning objectives</p> <p>Ability to have spectator seating with new tank only</p>	<ul style="list-style-type: none"> Regional attraction Will meet current demand on opening day, but not long term Waterpark meets market requirements but challenges to provide broad range of experiences (wavepool) Can meet urban design objectives

	Optimized	Enhanced
al" tion tank tank	<p>"National"</p> <ul style="list-style-type: none"> 10-lane 50m competition tank 10-lane 50m dive tank 	<p>"National - International"</p> <ul style="list-style-type: none"> "Centre of Excellence" 10-lane 50m competition tank 10-lane 50m dive tank enhanced competition standards Enhanced support spaces
ark sf ures do vepool)	<p>Optimized waterpark</p> <ul style="list-style-type: none"> 35,000-40,000sf Additional marquis experiences not possible in functional waterpark <ul style="list-style-type: none"> (wavepool) More social space for longer stays 	<p>Enhanced waterpark</p> <ul style="list-style-type: none"> 40,000-45,000sf A full waterpark with multiple marquis experiences and maximized social area promoting longest stays. <ul style="list-style-type: none"> Wavepool, waverider "Regional attraction"
s meet of future	<ul style="list-style-type: none"> Community amenities exceed current and meet future demands 	<p>Provides enhanced services over and above future demands.</p>
mand	<ul style="list-style-type: none"> Meets future demand 	<ul style="list-style-type: none"> Meets Future demand
ction Cost imized n costs	<ul style="list-style-type: none"> Approx. \$146.2M Construction Cost Optimized Operational Cost 	<ul style="list-style-type: none"> Approx. \$183M Construction Cost ~25% more than Optimized Highest operation costs Largest economic impact
draw and levels c over time imum nged to ge of pool) n priorities	<ul style="list-style-type: none"> Regional and inter-provincial draw <ul style="list-style-type: none"> Meets future demand levels, Hosting of events is optimal and right sized as determined by engagement and demand analysis. Can meet urban design objectives Provides robust community and non-aquatic amenities. 	<ul style="list-style-type: none"> Extended draw as recreation destination Largest overall complement of features, but operational costs represent an ongoing burden. Exceeds needs determined by engagement and demand analysis.

SPACE NEED SUMMARY		Recommended	
Program Components		Area (SM)	Area (SF)
1	Front of House		
1.1	Receiving, admissions, & cashier	300	3,229
1.2	Admin offices	64	689
1.3	Admin open work stations	355	3,821
1.4	Copy/supply room	12	129
1.5	Staff Lounge	16	172
1.6	Meeting Room(s)	18	194
	Subtotal	765	8,234

2	Aquatic Competition & Training		
2.1	Long Course Competition Tank	1,250	13,455
2.2	Secondary Tank - Warm Up/Dive Tank	1,250	13, 5
2.3	Deck area	50	18,837
	btotal	250	45,747

3	Aquatic Leisure & Recreat		
3.1	Leisure Tank	700	6,997
3.2	gh Slides	180	1,938
3.3	E me Ride(s) (tu slide)	150	1,615
3.4	Outdoor ua component (hot tub)	120	1,292
3.5	Lazy River	590	6,351
3.6	Wave pool/Moving Water Tank	340	3,660
3.7	Deck area	1,643	17,680
	Subtotal	3,723	40,069

4	Aquatic Therapy, Wellness, & Shared Use		
4.1	Hot tub - Adult	150	1,615

4.2	Hot tub - Athlete	60	646
4.3	Hot tub - Therapy	25	269
4.4	Plunge	15	161
4.5	Multipurpose Room –Rehabilitation Room	0	0
4.6	Steam Room(s)	22	237
4.7	Sauna	15	161
4.8	Deck area	350	3,767
Subtotal		637	6,857

5	Aquatic Support Spaces & Amenities		
5.1	Spectator seating (national comp. standards)	1,556	16,749
5.2	First Aid Room	10	108
5.3	Lifeguard Room	80	86
5.4	Bulkheads and provisions of timing equipment, starting blocks	-	-
5.5	Scoreboards/videoboards	-	-
5.6	Diving boards, platforms and dive tower	100	076
5.7	Media Box/Judging Box/Area	-	-
5.8	Dryland Training Studio	240	2,583
5.9	Aquatic Classroom(s)	120	1,292
5.1	CoR Sport Program Storage	200	2,153
5.11	CoR Leisure Program Storage	200	2,153
5.12	User Group Storage	650	6,997
Subtotal		3,156	33,971

Das () indicates area incorporated elsewhere

6	Change Rooms		
6.1	Universal change	1,200	12,917
6.2	Female change	600	6,458
6.3	Male change	600	6,458
6.4	Team/Group Change	200	2,153
6.5	Staff change	117	1,259
Subtotal		2,717	29,246

SPACE NEED SUMMARY
Program Components

Recommended	
Area (SM)	Area (SF)

7	Fitness		
7.1	Strength & Conditioning	600	6,458
7.2	Studios	150	1,615
7.3	Cycling	0	0
7.4	Badminton	0	0
	Subtotal	750	8,073

8	Community & Shared Spaces		
8.1	Gymnasium c/w full size basketball court	0	0
8.2	Lounging	200	2,153
8.3	Parent viewing	175	1,884
8.4	Kids area including indoor playground area	200	2,153
8.5	Multipurpose Community Rooms	557	6,000
8.6	Washrooms	300	3,229
8.7	Outdoor Washrooms/Changerooms	40	431
8.8	Child Minding	225	2,422
8.9	Social Heart & Entry Atrium, Community Space	600	458
8.1	Cultural/Ceremonial Space(s)	100	1
	Subtotal	2,397	25,806

9	Lease Spaces		
9.1	Retail/business area(s)	200	2,153
9.2	Not-for-Profit Lease Space	75	807
9.3	Concession/food and beverage area()	150	1,615
9.4	Complimentary Professional Lease space	200	2,153
9.5	Major Program Lease spaces	396	4,263
	Subtotal	1,021	10,990

10	Back House		
10.1	Building Mechanical & Electrical Rooms	900	9,688
10.2	Pool Mechanical	1,000	10,764
10.3	Crawl Space	2,000	21,528
10.3	Building Operator (custodial) space	250	2,691
	Subtotal	4,150	44,671

11	Circulation, Structural Footprint, & Misc Space		
11.1	Circulation	2,357	25,366
11.2	Structural Footprint	943	10,147

Subtotal	3,299	35,513
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12	Outdoor Spaces		
12.1	Site development including parking lot for staff parking, accessible parking, and bus access	5,000	53,820
12.2	Trails, Social Gathering, Landscaping	20,000	215,280
12.3	Basketball court, Outdoor Amenities	900	9,688
12.4	Accessible Recirculating Spray Pad	150	1,615
12.5	Accessible Play/Playground Area(s)	700	7,535
12.6	Outdoor seating area(s) connected to facility and concession(s)	3,000	32,292
12.7	Adjoining facilities	-	-
12.8	Space, amenities, design elements in support of Social and Cultural initiatives including truth and reconciliation	-	-
12.9	Fencing, landscaping, traffic control and roads	-	-
12.10	Skate Park	0	0
Subtotal		29,750	320,229
Total Interior Space		26,865	289,766
Total Exterior Space		29,750	320,229
Total Parking Spaces		18,200	1,590,500

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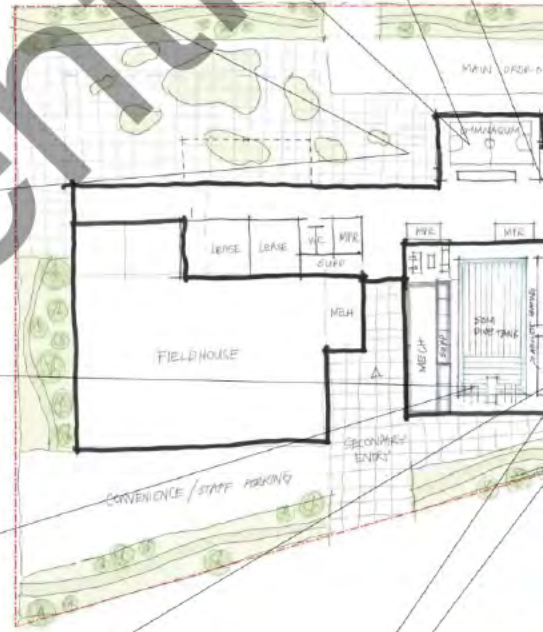
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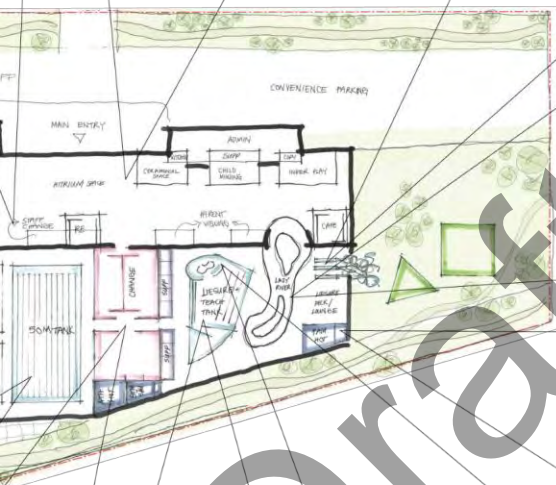
9.0 Concept Design

Prior to beginning the design work on the site, various consultants and the client group members worked to determine the overall building program, traffic planning, sustainable strategies, feeding information into the site planning and test fits.

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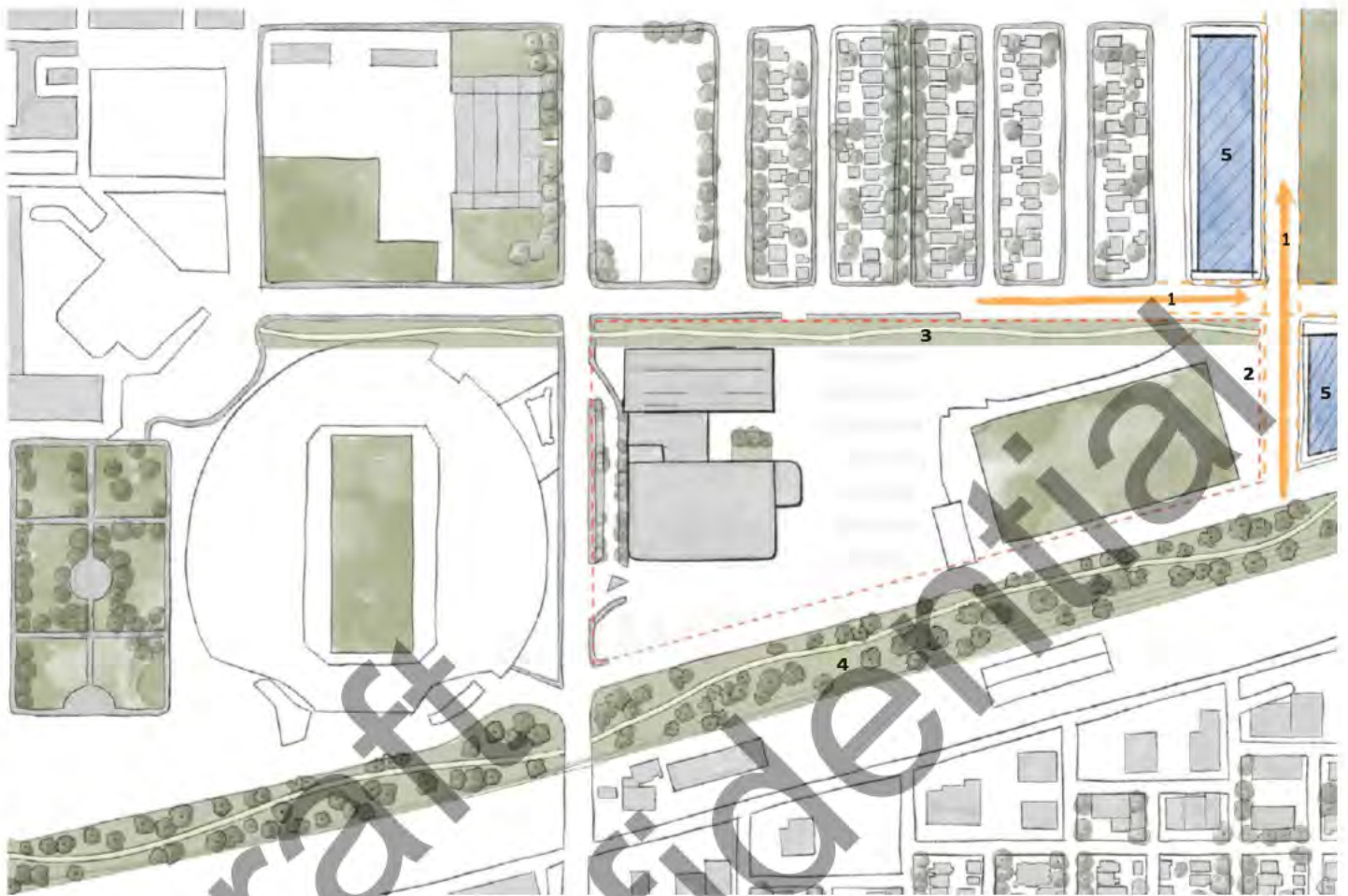
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9.2 Future Urban Opportunities



The City of Regina is implementing more bike routes over the next 5 years in a phased approach. The plan shows that is 1 Road Extension years in a phased approach. The plan shows that is 2 New Site Boundary lane will occur on Elphinstone St, running past the West side of the 3 East / West Pedestrian Connector site. The future greenway or "Multi-Use Pathway" intended to run 4 Future Greenway along the railway is also in the plan. It is important to note the future 5 Future Development pedestrian and cycling routes as it will influence the flows and traffic. As the site sits in the middle between the Wascana Creek and downtown it is probable the site will become heavily populated by cyclists and pedestrians.

Planning of this project needs to anticipate that 10th Avenue will develop as an east – west connector. Future development of the Taylor Field site is expected to reinstate previous street grid connections, thereby linking the stadium and REAL site to the downtown street network.



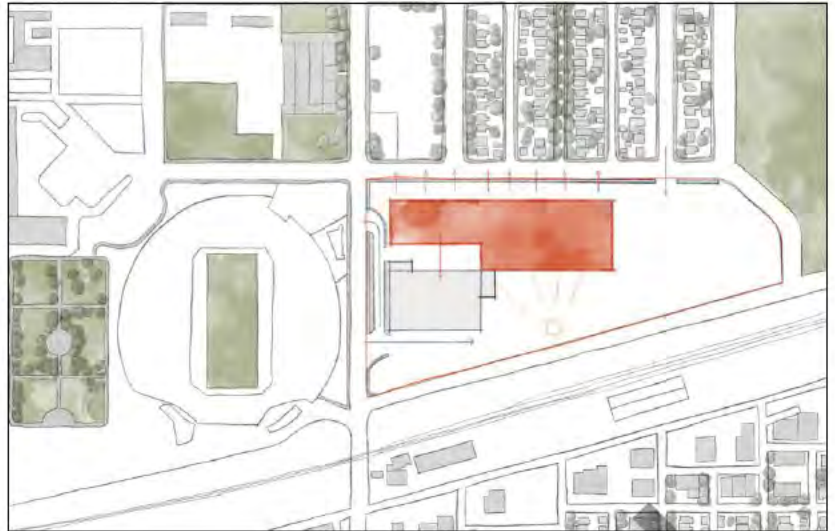
9.3 Siting Strategies

A series of test fit studies were conducted for three possible areas that the building could be located on the Sportplex site. Each option has its unique relationship to the adjacent streets, existing Fieldhouse and surrounding context.

Test Fit Layout A

Siting the new facilities along 10th Ave. The major advantages of this building location includes:

- Activating / interacting with 10th Ave / the community
- Better relationship with Fieldhouse



Test Fit Layout B

- More space for plaza to the NW of site creating synergy with the Mosaic plaza
- Allow easy access from both Elphinstone + 10th Ave

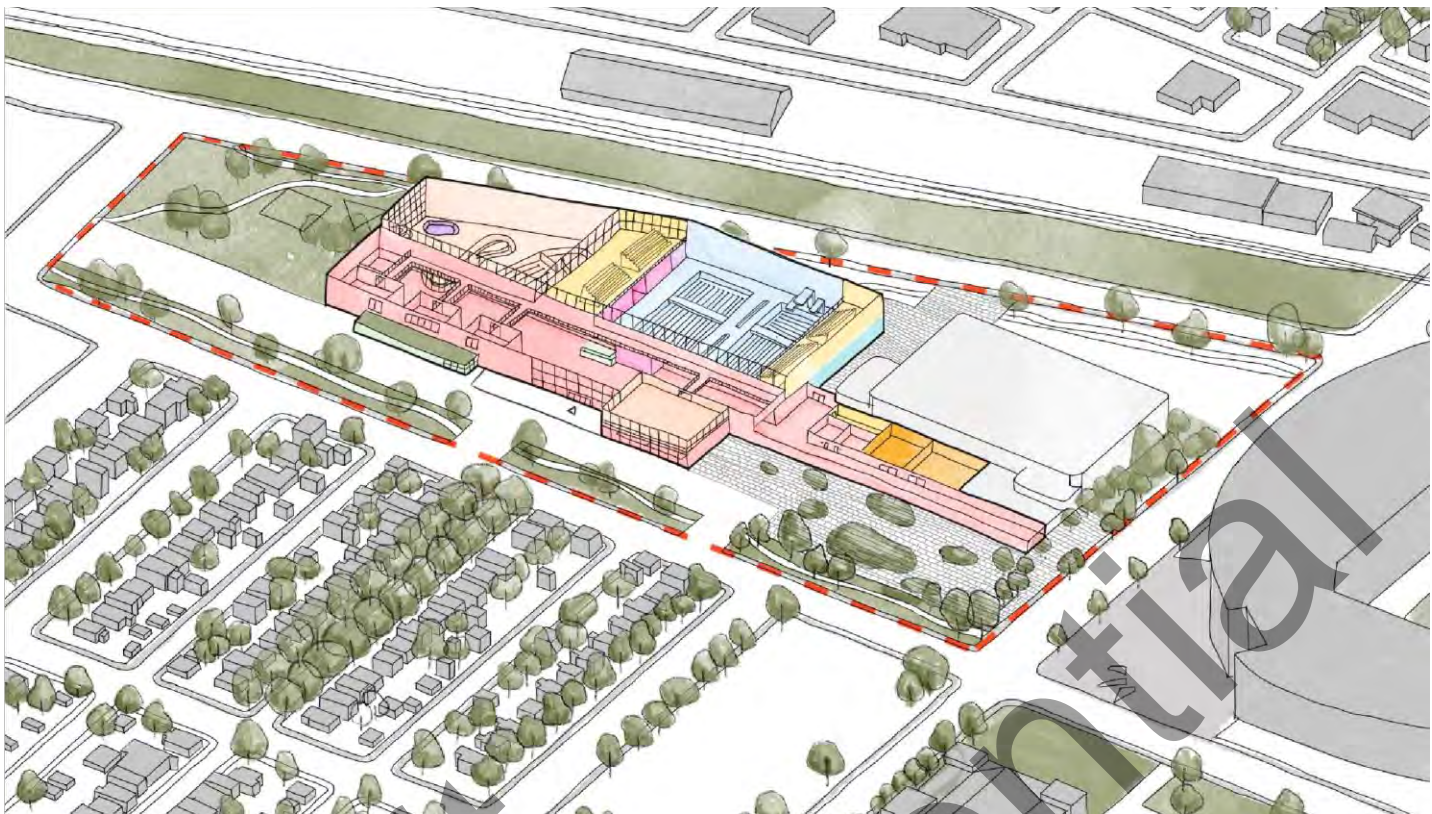


Test Fit Layout C

- Create urban plaza to the W of site creating synergy with the Mosaic plaza
- Greenway along way along 10th
- South facing (potential new greenway along railroad / sun exposure)
- Pushes mass of building away from neighborhood.



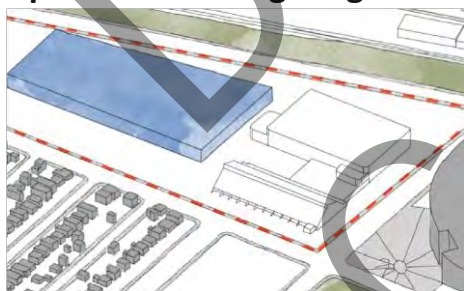
9.4 Concept Option 1 - New Build



Amenities & Features:

- 1. 50m 10-lane Lap Tank
- 2. 50m 10-lane Dive Tank
- 3. Drydive
- 4. On-deck classrooms & Storage
- 5. 1500 spectator seats
- 6. lazy river
- 7. 3 slides
- 8. Therapy zone
- 9. Ceremonial, multi-purpose, cafe & Lease space
- 10. Outdoor Playground & Splash Pad
- 11. Fitness centre, studios, gymnasium (including space for future multi-purpose space growth)
- 12. Leisure pool with 3-lane teach pool

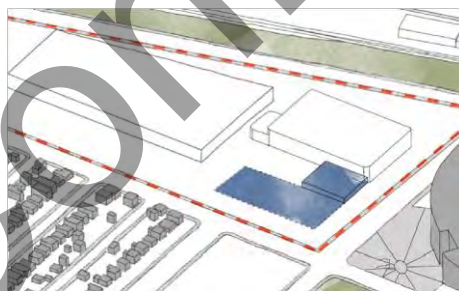
Option 1 - Phasing Diagrams



Phase 1 Site is mobilized with adequate distances for fieldhouse and LAC to remain operational for sports groups and the community.

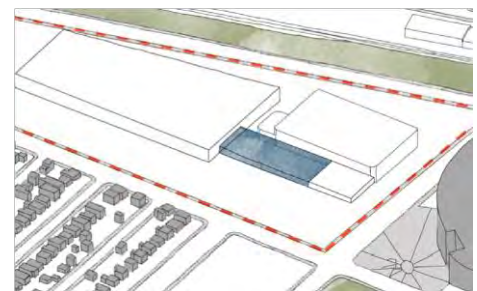
The new natatorium, change and support spaces are built.

Site work begins.



Phase 2 The new facility is opened and fully operational. The community and sports groups transition over from the existing LAC.

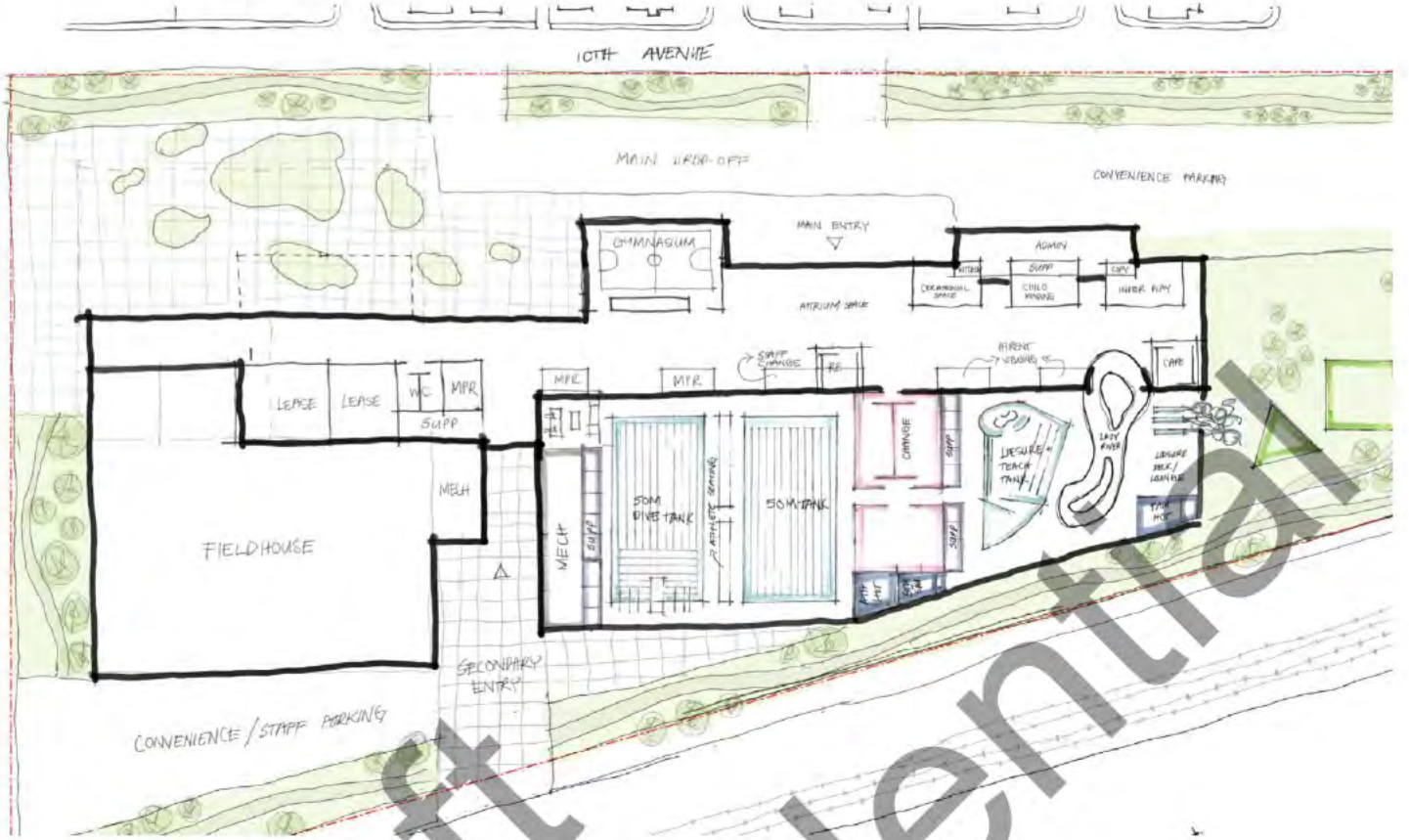
Existing building surround is mobilized, demolition of the LAC begins. Once demolition is complete, Temporary connection to the new building is established to connect the existing



concourse. Fieldhouse change-rooms and admin are decommissioned and renovation of the existing concourse begins.

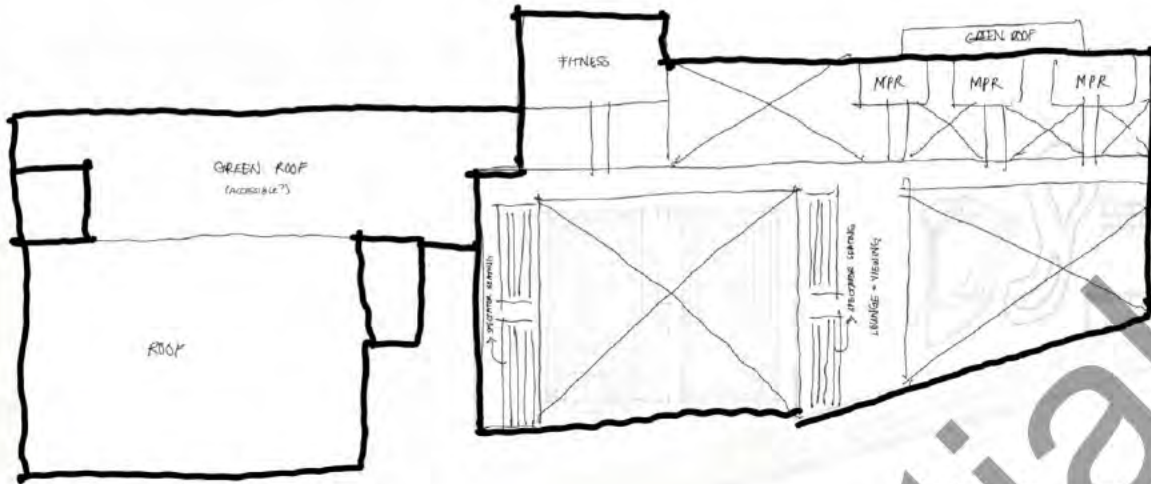
Phase 3 Temporary connector is removed and connecting community spaces are built to connect the new building to the existing concourse.

Site work is completed.



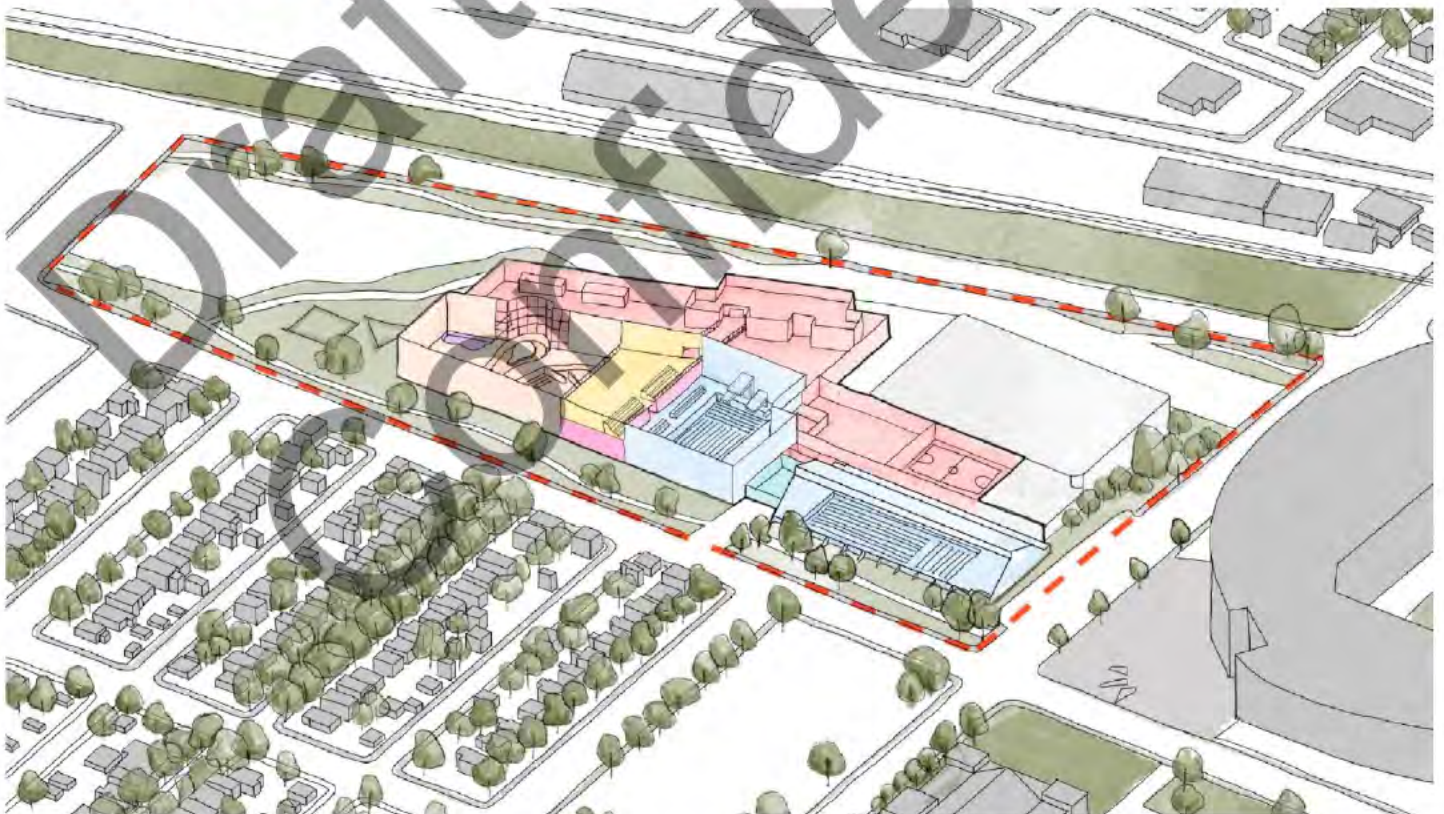
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Plan: Level 1



Plan: Level 2

9.6 Concept Option 2 -Reno + Addition



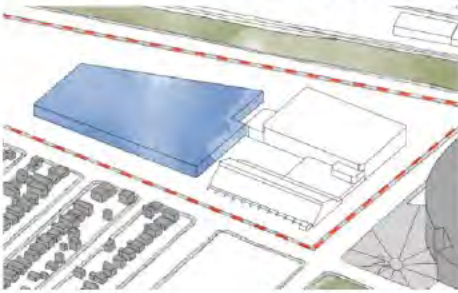
Amenities & Features:

- 1. 50m 10-lane Lap & Dive Tank
- 2. 65m 8-lane Renovated Warm-up Tank
- 3. Drydive
- 4. On-deck classrooms & Storage
- 5. 1500 spectator seats
- 6. Leisure pool with 3-lane teach pool,
- 7. lazy river
- 8. 3 slides
- 9. Hot Zone
- 10. Therapy zone
- 11. Fitness centre, studios, gymnasium
- 12. Ceremonial, multi-purpose, cafe &

Lease space

- 13. Outdoor Playground & Splash Pad

Option 2 - Phasing Diagrams



Phase 1
Site is mobilized with adequate distances for fieldhouse and LAC to remain operational for sports groups and the community.

The new natatorium, change and support spaces are built.

Site work begins.



Phase 2
The new facility is opened and fully operational. The community and sports groups transition over from the existing LAC.

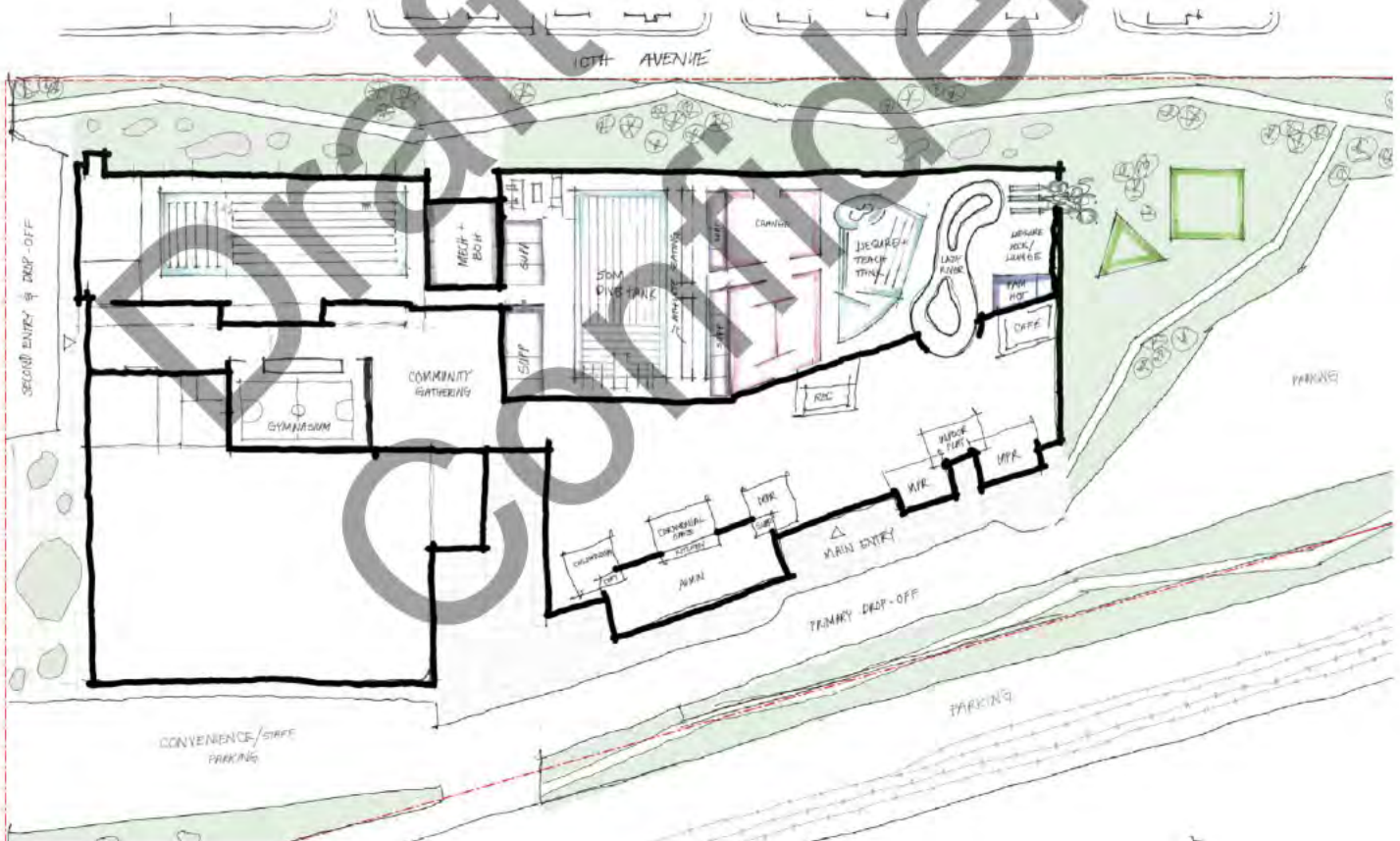
Existing building surround is mobilized, demolition of the LAC begins. Once demolition is complete, Temporary connection to the new building is established to connect the existing concourse. Fieldhouse



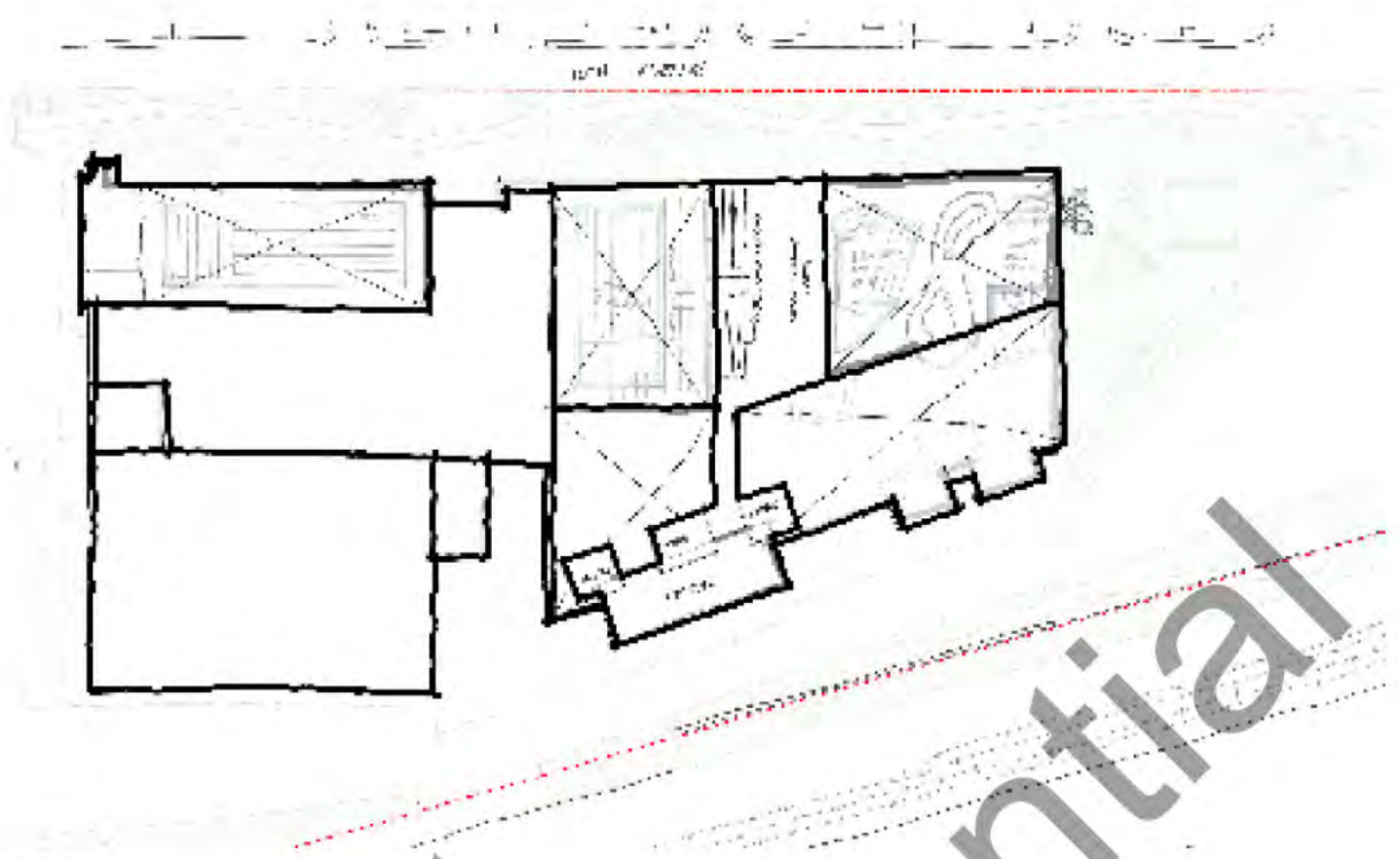
change-rooms and admin are decommissioned and re-orientation of the existing concourse begins.

Phase 3
Temporary connector is removed and new community spaces are built to connect the new building to the existing concourse.

Site work is completed.



Plan: Level 1



Plan: Level 2

10.0 Project Delivery

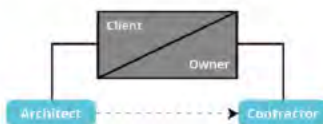
There are several different modes of project delivery that can be considered for a project of this scale and complexity. The determination on which model is best suited should take into account a number of factors. The primary considerations are: risk profile of owner, complexity of the project, need for cost certainty, and schedule. Additional considerations might include capacity, expertise of the owner, site complexities, funding requirements and/or restrictions and market conditions or certainty.

Design-Bid-Build (DBB)

Risk level: Medium-high City
Admin effort: medium
Construction contingency: high

Pros: well understood, highly competitive, owner design control until procurement

Cons: contract price not guaranteed/checked in market until tender, contractor involved late (can create adversarial relationship), owner carries majority of risk (design error/ omission), ridged schedule



Construction Management at Risk

Risk level: Medium City
Admin effort: Medium
Construction contingency: low-medium

Pros: well understood, highly competitive, owner design control until procurement, CM involved during design as advisor, high transparency, schedule acceleration, change in construction made simpler, risk for schedule delay & scope gap transferred

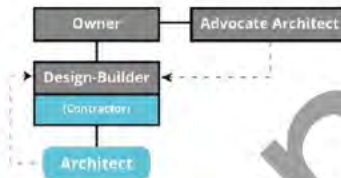
Cons: Higher admin effort than DBB, numerous points of accountability (contractual risk),

Design-Build

Risk level: low-Medium City
Admin effort: Medium-high
Construction contingency: low

Pros: owner has a single point of responsibility with the design builder who has contractual relationships, early schedule & cost certainty, risk transferred for design errors & omissions

Cons: potentially reduced quality, limited design control, challenging with complex/ renovation projects, owner has reduced flexibility to changes as design evolves



Integrated Project Delivery (IDP)

Risk level: Medium-high City
Admin effort: high
Construction contingency: N/A – Risk Pool

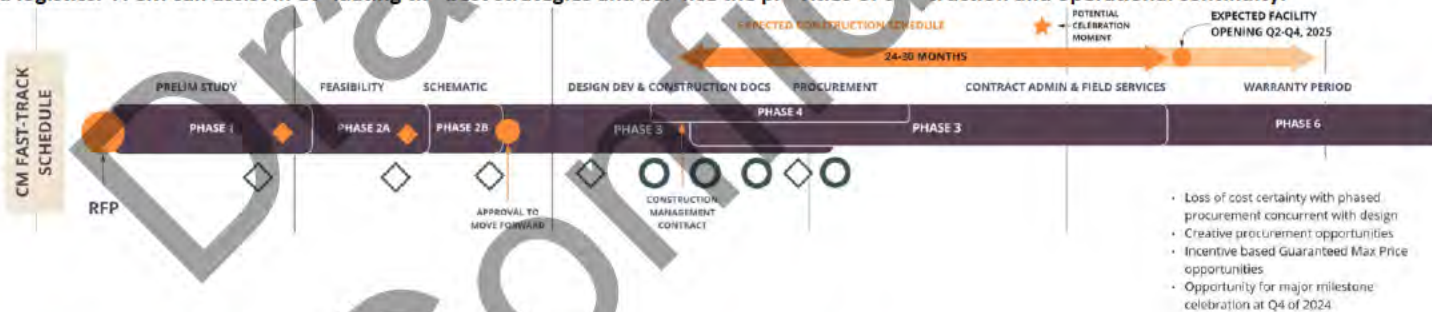
Pros: shared accountability (only to the extent that the risk pool is allocated), potentially compressed schedule, promotes coordination & alignment (when lean construction principles are applied)

Cons: Contract familiarity – CCDC 30 (relatively new, 2018), Lack of market familiarity, Challenges around market familiarity (potential reduced design/con

availability, challenge around financ & insurance Owner solely responsible for cost overruns

Recommendation

There are several reasons that CM at Risk should be selected as the delivery method. First and foremost, the projects schedule will benefit from the ability to start the construction earlier by tendering in several stages and completing the design while construction has started (fast track). In addition, the CM can provide valuable insight into constructability of building elements and into market conditions that can inform the design choices and mitigate cost pressure. The project requirement to keep the Lawson operation until service is replaced will require complex phasing and logistics. A CM can assist in evaluating the best strategies and balance the priorities of construction and operational continuity.



11.0 Costing Analysis

11.1 Capital Cost

It is anticipated that the construction costs will be approximately \$146,161,800 based on a Preliminary Class D Estimate conducted in April 2022. This estimate includes typical contingencies that are reflective of the early stage of the project development and assumes a construction start in the year 2024. Class D estimates have a degree of variability (+/-25%) that reflects the early stage of the design process. The costing was based on program areas for both new build and renovation and addition scenarios. Key elements of the analysis include:

- Elemental breakdowns were utilized (meaning each building component was assessed – structure, envelope, interior partitions)

- Allowances were applied where not enough detail available at this time (typical for Class D estimates)
- Contingencies have been applied to capture areas of risk.
- Construction duration is assessed and accounted for.
- Additional sustainability design features beyond LEED Gold considerations were excluded from this cost estimate pending further review and discussion regarding the City's objectives for this project
- This estimate includes typical contingencies and assumes a construction start in the year 2024.

Net Construction Cost	\$104,993,500
Design Contingency (15%)	\$15,539,000
Construction Contingency (5%)	\$6,026,600
Total Construction Cost	\$126,559,100
Escalation (6.5%)	\$19,602,700
Escalated Construction Cost	\$146,161,800
Professional Fees (7.0%)	\$10,231,326
Project Contingency	\$5,000,000
Furnishing, Fitting & Equipment (Estimate)	\$1,500,000
Provincial Sales Tax (6% PST)	\$9,773,587
Goods & Services Tax (5% GST)	\$8,144,656
Estimated Total Project Cost (Apr 2024)	\$180,811,369

A cost analysis exercise was also performed on the Renovation and Addition option. This exercise confirmed that renovation and addition is effectively equivalent in cost, with an escalated construction cost of \$144,745,500. The similarity in cost being the result of the extensive scope and intensity of renovation, high contingencies associated with renovations due to the complexity of the work, and additional project schedule required. For more information related to capital costs estimates, please refer to the Appendix.

11.2 Life Cycle Cost

An elemental Life Cycle cost analysis has been completed that indicates approximately \$50,000,000 in life cycle costs over a 50 year period. These costs are represented in 2022 dollars. Life Cycle cost analysis can be found in [Appendix](#)

11.3 Operational Cost

Although capital costs are a major consideration for these types of public investments, so too are the ongoing operating obligations related to making sure the facility is accessible to those who need it. At this stage of planning, the following estimates should be considered +/-20%. Facilities like the one proposed require operating subsidy, and in this case the operational costs of the new facility will be somewhat offset by those incurred to operate the existing LAC. The new facility is expected to generate approximately \$3.4M in revenues and incur approximately \$8.3M in operating expenses for a required subsidy of 4.8M. This equates to a 40% cost recovery rate, not including capital amortization or life cycle reserve budgeting. For more information related to operational costs please refer to the [Appendix](#).

11.4 Economic Impact

Economic impact is also important to consider when contemplating investment in a public recreation centre. The following summarizes the expected economic impact of this project during construction, normal operation and special events. Detailed analysis can be found in [Appendix](#)

Impact through construction

Based on the capital cost of approximately \$146 million.

- Total economic output associated (direct, indirect, induced): \$235,758,983
- Total GDP generated (direct, indirect, induced): \$115,321,600
- Total employment created (direct, indirect, induced in FTE): 886

These expenses will be incurred by the City of Regina over a multi-year period.

Impact through Operations

Annual operating projections for the new indoor aquatics facility were developed based on staff input on estimated revenues, expenses on salaries and benefits, and other annual operating expenses such as maintenance, utilities, and so forth. Inputs for this analysis are derived from the Operational Budget Forecasts report

- Total economic output: \$10,696,006
- Total GDP: \$2,344,982
- Total Employment (FTEs): 99

Impact through Event hosting

Sports tourism and event hosting is an important dimension of Canada's tourism economy overall. Unlike more traditional forms of tourism, sports tourism is equally driven by domestic and interprovincial and therefore is more resilient to disruptions such as pandemics and other unforeseen events. Sport Tourism Canada estimates that sport tourism contributed \$7.4 billion to the Canadian economy in 2019,

If on an average year the City were to host 10 regional events, 8 provincial events, and 2 national or international events, the total economic impact generated by the facility is estimated to be:

- \$101,780 for 10 regional events
- \$511,640 for 8 provincial events
- \$811,700 for national / international events

While not all of this economic activity generated by event hosting would go directly to the City to support facility revenues, it can be assumed that at least some of this activity will help to support facility operations through spending on admissions, tickets, rentals, food, and other goods and services.

12.0 Partnerships

Partnerships are becoming more and more common during the development and operations of public recreation facilities. Partners can include user groups, non-profit or private sector facility operators, sponsors, post-secondary institutions or even other regional municipalities.

In order to understand the level of partnership interest in the New Indoor Aquatic Facility project, the City administered a partnership Expression of Interest (EOI) process. This entailed the creation and posting of a formal Expression of Interest package that outlined information about the project and some ideas related to potential partnerships the City might entertain. Groups or organizations interested in partnering were encouraged to respond to the EOI with details about their partnership proposal.

It was important for the City to undertake a formal EOI process as it was a transparent and fair opportunity for any group to respond to.

The EOI was facilitated during early 2022 and responses were received. Although partnership may materialize during a later phase of the project, none of the proposals received have a significant impact on the program or concept design at the feasibility stage of planning.

Sponsorship is also very commonplace in recreation facilities in Canada. Naming rights for different amenities within a facility or even for the overall facility, enable sponsors to get desired brand recognition and exposure, and demonstrate commitment to the community while helping recover capital operating costs of a facility. Potential sponsors were also able to participate in the EOI process and a more formal sponsorship campaign would occur if and when the project progresses to the next stages of design and gets closer to taking physical form.

13.0 Conclusions & Recommendations

Vision: Regina's New Indoor Aquatics Facility is an inclusive, accessible and sustainable community hub and tourist destination – that creates vibrancy and improves quality of life for Regina residents and visitors for generations to come.



The objective of the feasibility process was to produce building program and concept options that have been guided by staff hold and public input, tested by careful analysis, and are programmatically, functionally and financially supportable. The information in this report should guide key decisions for the future progression of this project and should be used as the basis for the schematic design. Key decisions are:

- To undertake a significant renovation of the Lawson Aquatic Centre coupled with an addition to meet program needs, or, replace the Lawson Aquatic Centre with a larger, entirely new facility
- To determine the service level (Functional, Optimized, or Enhanced) that best meets the City's needs now and in the future

Renovate and Expand vs. New Build - Key Considerations

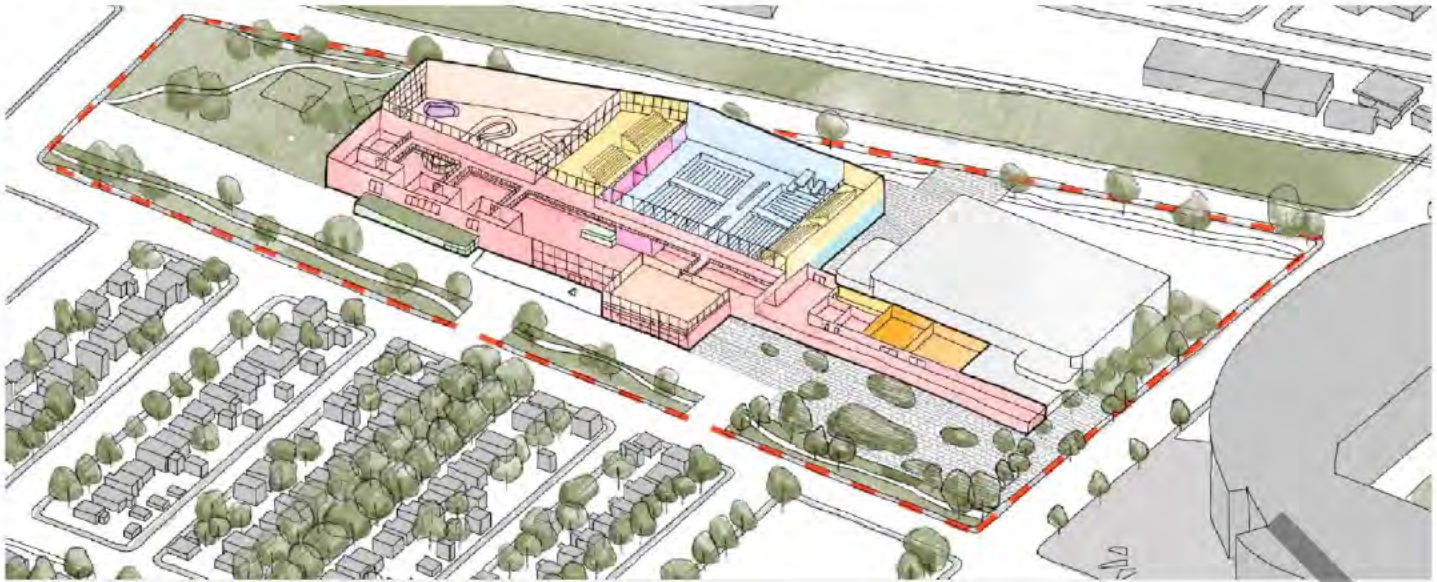
1. The detailed Condition Assessment of the Lawson Aquatic Centre identifies the significant cost required to extend the facility's life. Furthermore, even with the required investment, an upgraded Lawson will not be able to meet best practice in a number of key areas.
2. Planning a significant addition to the Lawson is possible (see Reno and Addition Concept); however, the planning presents significant operational challenges relating to circulation control and adjacencies. These operational complexities will surpass any capital savings associated with renovating.
3. The technical challenges in renovating the Lawson and the extent of the renovation necessary are financially inefficient.
4. Undertaking a renovation and expansion requires a significantly longer construction period to complete the project, resulting in more disruption to the area and facility use.

Recommendation:

The New Build represents better value, performs better operationally, and responds better to siting and urban design priorities. It does not represent a significantly higher capital cost and has advantages in cost in operations and lifecycle.

Service Level Delivery - Key Considerations

1. The current and projected demand for fitness, training and competitive swimming indicates that a secondary tank for this program is needed now, and that it should be a second 50m length pool to meet demand due to future growth of Regina.
2. Demand for training support space and auxiliary programs is high.
3. The level of competition targeted is National Level with the desire to promote economic development and sport tourism.
4. Engagement findings indicate that a robust recreation program is supported and should appeal to a broad spectrum of users.
5. Engagement findings indicate that additional non-aquatic community amenities are in demand and desirable at this site.



Recommendation:

The optimized program fully responds to current demand and projected future demand in all three areas (competitive, recreation, and non aquatic amenities). It should represent the baseline as the project moves into the design phases where the program can be further refined, the analysis on utilization and capacity can be further resolved, and the construction and operational costs can be detailed with greater certainty. Program adjustments in schematic design remain possible to bring the project within budget.

Next Steps

As part of the next stage in the process we would recommend that this report be shared with the community, and a continuation of the engagement process occur during the project's design phase.

The following studies should also be completed prior to commencement of schematic design:

- Legal & topographical site surveys
- Geotechnical report and surveys - the ground conditions are currently unknown. Soil conditions need to be assessed to gain a better understanding of any associated excavation and foundation costs.
- Environmental Assessment Report - this will also help in the understanding of cost relating to any issues surrounding the proposed facility location and potential cost if remediation or disposal is required.
- A full transportation impact assessment (TIA) - to determine the wider effects of the new expanded facility on the site, such as intersection treatments and required signaling.
- In order to determine the direction prior to commencing schematic and detailed design, the City should also consider conducting a business case study for structured parking, that includes the option for a shared facility with the Mosaic Stadium.
- Determine the sustainability targets for the project as part of the City's wider energy objectives.

A COLLECTIVE
APPROACH
TO COMPLEX
CHALLENGES.

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are the best path to solving the fundamental
problems of our time.**



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As a gesture of respect, peace, and friendship, We acknowledge that Regina is on Treaty 4 Territory, a Treaty signed with 35 First Nations across Southern Saskatchewan and parts of Alberta and Manitoba and the original lands of the Cree, Saulteaux, Dakota, Nakota, Lakota, and on the homeland of the Métis Nation, and all their ancestors who have lived on and served as faithful stewards of these lands.

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